

### **General Information & Dress Code**

At Camp Sacajawea, we always do our best to follow the Girl Scout Promise and Law. It's an important part of our camp culture, and as Girl Scouts, we always try to be kind to ourselves and to others. Everywhere we travel in camp we use the buddy system, which helps us all feel connected as we share the responsibility of keeping the camp safe and clean.

Camp Sacajawea is a community of **limited electronic devices** which helps kids and adults unplug and connect with nature and each other. We aim to create a space where we can disconnect to connect. Electronic devices (phones, personal video games, etc.) are not to be visible unless for photos or in an emergency.

Summer Camp is an excellent opportunity for kids to live and work together. Bullying, teasing, and inappropriate behavior will not be accepted at Camp Sacajawea. GSCSNJ reserves the right to send any camper home who willfully disobeys camp or bus rules, or whose behavior towards others is unacceptable.

On every Monday of camp during group introduction times, staff and campers will be invited to share their pronouns, if they so choose. This helps to foster a community of inclusion, to create a safe space for all of our campers and staff. Campers do not have to share their pronouns if they do not feel comfortable doing so, but should respect other individuals' pronouns. Intentional misgendering will be considered a form of bullying.

It is important for cisgender people (people whose gender identity aligns with their assigned sex at birth) to normalize the practice of stating their pronouns and asking pronouns of others. It encourages practice and helps gender diverse people feel welcome and safe.

#### All campers & staff sign our Code of Conduct.

## Camp Sacajawea Dress Code

Please send your camper on the first day with a name tag that has their name, program, and mode of transportation

- Clothing should be comfortable and something permitted to play in & get dirty
- Breathable shirt or tank top
- Shorts or pants; skirts are OK, but please wear shorts underneath
- Sturdy shoes or sneakers with socks no open shoes, sandals, or clogs. Footwear must be worn at all times to avoid injury. Water shoes are to be used only in shower, boating, and pool areas.
- It is recommended that campers wear bathing suits under clothes with a change of underwear in their day packs to change after pool time. This helps reduce the time spent changing before the camper's scheduled pool time.
- Bandanas or hats are recommended.
- Weather-appropriate wear poncho in case of rain or a sweatshirt on cool mornings.

# 1

#### **Ticks & Preventative Care**

Sacy is a forested area and ticks are present. The camp is treated with tick-prevention spray but ticks will still be present during the summer. Prevention is key! Bringing non-aerosol insect repellent formulated against ticks is highly recommended. Counselors will remind campers to re-apply throughout the day.

Before camp, speak with your camper about daily self-checks. If a camper finds a tick, they should immediately notify their counselor or nurse to have it removed. After the tick is removed, watch the area for irritation, including a red bullseye around the spot. When your camper returns from camp, continue to monitor these areas.