

# DAISY LEVEL RESOURCE PACKET



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# Section 1: Welcome to Girl Scouts

## Welcome

Welcome and congratulations on becoming a member of the unique and wonderful world of Girl Scouts!

Girl Scouts is the world's preeminent organization dedicated solely to girls – all girls – where, in an accepting and nurturing environment girls build character and skills for success in the real world. In partnership with committed adults, such as you, girls develop qualities that will serve them all their lives – qualities such as leadership, strong values, social conscience, and conviction about their own worth.

The Girl Scout program is girl-driven, reflecting the ever-changing needs and interests of today's girls. In Girl Scouts, girls discover the fun, friendship and the power of girls together. As a Girl Scout volunteer you will help girls develop their full potential; relate to others with increasing understanding, skill, and respect; develop values to guide their actions and provide the foundation for sound decision-making; and contribute to the improvement of society through their abilities, leadership skills, and cooperation with others.

## How This Guide Is Organized

The Girl Scout Daisy Jumpstart Guide is designed to introduce you to the world of Girl Scout Daisies and is your personal resource to use as you work with your troop/group. There is an appendix to this packet with support materials. Although, the packet is full of good information, it is not your only resource. To help ensure a successful experience with girls, the following resources are available to you:

- 🌿 *The Girls' Guide to Girl Scouting*
- 🌿 National Leadership Journey books (girls and adult guide) Volunteer Essentials,
- 🌿 *Safety Activity Checkpoints*, [www.gscsnj.org](http://www.gscsnj.org)



# Foundations in Girl Scouting

Girl Scouting is based on the Girl Scout Mission and the Girl Scout Promise and Law. These components form the foundation for the Girl Scout Leadership Experience.

## The Girl Scout Mission

*Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.*

All Girl Scouts and Girl Guides from around the world say a Girl Scout Promise and a Girl Scout Law. These are the Girl Scouts code of ethics.

## The Girl Scout Promise

On my honor, I will try

To serve God, and my country  
To help people at all times,  
And to live by the Girl Scout Law.

**The Girl Scout Promise is the way Girl Scouts agree to act toward each other and others.**

## The Girl Scout Law

I will do my best to be

honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong,  
responsible for what I say and do,  
and to  
respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place, and  
be a sister to every Girl Scout.

**Since the beginning, Girl Scouts has followed a set of values called the Girl Scout Law. The Daisies will learn what the parts of the Girl Scout Law mean by meeting the Flower Friends in the Daisy Journeys and the Girl's Guide to Girl Scouting. Each Flower Friend represents a part of the Law and helps girls to understand how they can live this Law as Daisies.**

The Mission, Promise, and Laws describe how each girl benefits and will grow as a result of her involvement in Girl Scouting. These goals are important for you, the Girl Scout Daisy Leader, to know. If the activities done with girls do not support these goals, then the activity is not a Girl Scout activity. You may be thinking, "How can I make sure everything done supports the Girl Scout goals?" The answer is simple . . . take time to learn the Mission, Promise, and Laws!

## Girl Scout History

The story of Girl Scouting really begins with the life of one amazing woman: Juliette Gordon Low. In a time when women were expected to stay close to home and fill traditional roles, Juliette – or Daisy, as she was known to her friends and family – was willing to challenge convention, take risks, and make grand things happen.

Daisy appreciated the traditional role of women at home with their families, but she was eager to use her many talents to explore other, less conventional pursuits. She was an accomplished artist who also wanted to learn to make complicated knots and forge iron. She even learned to drive a car, which was quite unusual for women in that era. Daisy believed that women could do anything and she found the

Girl Scouts of the USA to give girls opportunities to do just that.

Daisy Low was a remarkable and talented woman, but she was not immune to problems. Although Daisy was mostly deaf, she never let it prevent her from pursuing her interests. She and her husband, William Low, moved to England after their marriage. The Low's did not have any children and William died in 1905.

While still living in England, Juliette discovered that her friend Robert Baden-Powell had started a fascinating movement called Scouting. The original organization was for boys and Baden-Powell had encouraged his sister Agnes, to start Girl Guides. As Daisy began to head up troops of Girl Guides, she found a place to channel her passions. And she had an idea that changed the world – to found the Girl Scouts of the USA.



On January 6, 1912 she sailed back to the United States. Sir Robert Baden-Powell was on the same ship. He was on his way to visit Boy Scouts around the world. Daisy was thinking about bringing Girl Guides to the United States. The more she thought about it, the more she liked the idea. She discussed her plans with Sir Robert and he was enthusiastic. At age 51, the one thing uppermost in her mind was to start Girl Guiding in America. And she wanted to start it in her home city of Savannah. She was deaf and frail, yet when Daisy wanted to do something, nobody could stop her.

As soon as Daisy arrived in Savannah, she phoned her friend and distant cousin, Nina Anderson Pape, who was the headmistress of a girls' school. "Come right over," Daisy said. "I've got something for the girls of America and all the world, and we're going to start it tonight!"

On March 12, 1912, 18 girls twelve or older became the first officially registered Girl Guides in the United States. Two Girl Guide patrols were formed. The patrols were called the "Pink Carnation" and the "White Rose." Each girl had with her a notebook, a pencil, and a yard of cord to practice knot tying. After the first year the name was changed to Girl Scouts of the USA.

Juliette Gordon Low died from breast cancer in Savannah on January 17, 1927. According to her wishes, she was buried in her Girl Scout uniform with decorations of honor – the Silver Fish of the English Girl Guides and the jeweled Thanks Badge of the Girl Scouts of the USA. Folded in the breast pocket, where Daisy had placed it, was a telegram from the National Board saying "You are not only the first Girl Scout but the best Girl Scout of them all."

# Girl Scout Traditions

## Girl Scout Sign

Girl Scouts make the Girl Scout sign when they say the Girl Scout Promise. The sign is formed by holding down the thumb and little finger on the right hand, leaving the three middle fingers extended (these three fingers represent the three parts of the Girl Scout Promise).



## Girl Scout Quiet Sign

The Quiet Sign is a way to silence a crowd without shouting at anyone. The sign is made by holding up the right hand with all five fingers extended. It also refers to the original Fifth Law of Girl Scouting: A Girl Scout is courteous.



## Girl Scout Handshake



The Girl Scout handshake is the way many Girl Guides and Girl Scouts greet one another. They shake their left hands while making the Girl Scout sign with their right hand. The left-handed handshake represents friendship, because the left hand is closer to the heart than the right.

## Friendship Circle and Friendship Squeeze

The Friendship Circle is often formed at the end of meetings or campfires as a closing ceremony. Everyone gathers in a circle; each girl crosses her right arm over her left and then holds hands with the person on each side of her. Once everyone is silent, one girl starts the friendship squeeze by squeezing the hand of the person to her left. One by one, each girl passes on the squeeze until it travels clockwise around the full circle.



## Girl Scout Slogan

Do a good turn daily.

## Girl Scout Motto

Be prepared

## Girl Scout Special Days

### February 22 – World Thinking Day

February 22 was the birthdays of Lord Robert Baden-Powell, founder of Boy Scouts and his wife Lady Olave Baden-Powell, who was World Chief Guide. Lord Baden-Powell inspired Juliette Gordon Low to begin Girl Scouts in the United States. Every year on this day, Girl Scouts and Girl Guides around the world do activities and projects to celebrate international friendship and honor their sisters in other countries.

### March 12 – The Girl Scout Birthday

On this date in 1912, the first 18 girls gathered to hold their first meeting as Girl Scouts in the United States.

### April 22 - Girl Scout Volunteer Day

This is a day when adult volunteers are shown appreciation for all of their hard work.

### October 31 – Founder's Day

Juliette Gordon Low was born on October 31, so we honor her birthday. Every year Girl Scouts celebrate with parties and special projects to help others.

# 10 Essential Elements for Creating the Girl Scout Experience

<b>ESSENTIAL ELEMENTS</b>	
<b>WELCOME FAMILIES TO GIRL SCOUTS OF THE USA</b>	Girl Scouting helps girls become leaders in their daily lives and in the world. Let girls know about all the fun they'll have—and tell families what Girl Scouts does and why it matters.
<b>SHOW GIRLS THEY BELONG TO A BIG SISTERHOOD</b>	Help girls make the connection between their troop and the millions of girls around the country and the world who share a mission to make the world a better place.
<b>GUIDE GIRLS TO DEVELOP AS LEADERS</b>	Use the national leadership curriculum to help girls experience the three keys to leadership—Discovering Self, Connecting with Others, and Taking Action—in the world.
<b>EMPOWER GIRLS TO TAKE ACTION IN THEIR COMMUNITIES</b>	Girls want to know they can make a difference in the world. Help girls identify a problem they want to solve, reach out to others who can help, and put together their Take Action project.
<b>SUPPORT GIRLS TO BUILD SKILLS THROUGH PROFICIENCY BADGES</b>	Girls feel proud and confident when they've learned a new skill through earning a badge. Show girls the badges available at their grade level and guide them as they earn the ones that interest them most.
<b>EXPAND GIRLS' VIEW OF THE WORLD</b>	Give girls the opportunity to go to new places, meet new friends, and talk to experts in various fields. This expands their horizons and helps them imagine all kinds of new possibilities for their futures.
<b>CELEBRATE WITH CEREMONIES AND TRADITIONS</b>	Hold award ceremonies to celebrate what girls have learned; enjoy beloved Girl Scout traditions, such as flag ceremonies, sing-alongs, and campfires; or come together at bridging ceremonies to mark the moment when girls move to the next level in Girl Scouting.
<b>USE A GIRL-FRIENDLY APPROACH</b>	Girls have fun when they can shape their own experiences, do hands-on activities, and work together as teams. Help make this happen by using Girl Scouts' three processes: Girl Led, Learning by Doing, and Cooperative Learning.
<b>ENCOURAGE GIRLS TO EARN AND LEARN THROUGH THE GIRL SCOUT COOKIE PROGRAM</b>	Coach girls to develop five key skills—Goal Setting, Decision Making, Money Management, People Skills, and Business Ethics—by taking part in the largest girl-led business in the world.
<b>INSPIRE GIRLS TO CONTINUE GROWING THROUGH GIRL SCOUTS</b>	Share with girls the exciting opportunities they'll have—to learn new things, meet new friends, and make the world a better place—by staying involved in Girl Scouts.

## Girl Scout Leadership Experience with 5 and 6 year olds

The Girl Scout Leadership Experience is what makes Girl Scouts unique compared to any other youth serving organization. There are three program processes. These program processes are the key to achieving the outcomes, Girl Scout Mission and the Girl Scout Promise and Law. The three program processes are:

- ◆ Girl-Led – By the Girls, For the Girls
- ◆ Learning by Doing – Experiential
- ◆ Learning Cooperative Learning

### Girl-Led – By the Girls, For the Girls:

Girls need to know that they can do anything – that being female does not limit their ability to achieve their dreams. Girl Scout Daisies need to learn that they can lead and make decisions. The girls are the doers, the planners, and the implementers of their activities. Give girls choices and help them learn good communication and decision-making skills. One way to enable the girls to develop those skills is by using the Girl Scout Daisy Circle as your form of troop government. Girl/adult planning is the way to involve girls in making decisions. As a Girl Scout Daisy adult volunteer, your role in the planning process is important, and helps girls succeed. As the girls grow from Girl Scout Daisies through their Girl Scout experience, your role in planning and implementing will change. As the girls grow older, they will have more responsibility for the troop.

### Learning By Doing – Experiential Learning:

The Girl Scout Leadership Experience is designed to be experiential for girls. What does this mean? It means that the girls engage in an activity or experience, and then are given the opportunity to look back on it, and identify useful insights for the future. All you have to do is ask some questions or get them to reflect on what they have done.

### Cooperative Learning:

Cooperative learning is setting up the troop/group meeting so that girls work in small groups or teams to accomplish an activity. It is easy to implement cooperative learning with five-and six-year olds, and Girl Scouting has some built-methods:

- ◆ **Kapers** – Girls work in pairs, or small groups, to do the chores of the troop/group.
- ◆ **The Buddy System** – Girls pair up with a “buddy” for field trips and activities. They are to stick with their buddy, and take care of their buddy. It is a safety procedure, and a great cooperative learning method.
- ◆ **Sharing Supplies** – Teaching girls to problem-solve together and share is cooperative learning.



# Section 2: Working with Girl Scout Daisies

## Your Role as an Adult Volunteer

What does it mean to be a Girl Scout adult volunteer? That is something that you will discover, as you begin your experience helping girls build courage, confidence, and character through Girl Scouts. Working with girls can bring many joys, including developing a personal relationship with each girl in your troop, building new adult friendships through the sisterhood of Girl Scouts, receiving appreciation and thanks from parents and, most importantly, knowing that you are shaping the future by working with a girl today.

As an adult volunteer you will have various forms of support and resources, additionally, you will be a part of a Service Unit. The Service Unit, led by a Service Team, is a group of dedicated volunteers, like you, that can be used as a guide, sounding board, and opportunities for additional enrichment. Most Service Units meet once a month to discuss council happenings and community events and activities that you and your troop/group may want to participate in. These seasoned volunteers, who have had many of the same experiences you are incurring, will be happy to assist you throughout your Girl Scout year.

## Leadership

### Leadership is Building Relationships

Leadership comes through the relationship you will build with each girl. Leadership comes through communicating with parents and co-leaders. Leadership is understanding the needs and interests of the girls, and helping the girls design their own program opportunities based on those needs and interests.

### Leadership is Knowing

Leadership is knowing that you cannot, and should not; know everything that the girls might want to learn. Leadership is knowing that you can explore and learn many things along with girls. Leadership is knowing where to go to find resources. Leadership is knowing that it is okay not to know and to seek assistance.

### Leadership is Teaching

Leadership is teaching the girls that they can do and be anything – that they are decision makers. Leadership is teaching girls not only for the sake of knowing things, but for the sake of the development and growth of the girls. Leadership is teaching through being a good role model.

### Leadership is Coaching

Your role is not to perform for the girls, or to be a teacher. Leadership is guiding and instructing. Leadership is advising and discussing. Leadership is working so that each girl can carry out responsibilities within the troop. Leadership is building the girls up and giving more and more responsibilities to the girls as they grow and develop.

### Leadership is Belonging

Leadership is recognizing that you are a part of a troop/group and a team. Leadership is listening, providing suggestions, and contributing ideas. Leadership is sticking with the girls through good times and bad. Leadership is recognizing that you belong to a larger organization beyond the troop/group that will provide support and resources.

## Characteristics of Girl Scout Daisies

Every Girl Scout is unique, with different needs, interests, and levels of development. Some girls may exhibit traits of slightly older girls, while others may still be developing certain characteristics of this grade level. When working with Girl Scout Daisies, it is important to keep in mind the difference in their emotional, social, physical, and intellectual characteristics.

	Kindergartener	First Grader
<b>Emotional Characteristics</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Wants to do things herself.</li> <li><input type="checkbox"/> Is usually cooperative.</li> <li><input type="checkbox"/> Is close to parents.</li> <li><input type="checkbox"/> Wants the approval and support of adults and peers.</li> <li><input type="checkbox"/> Understands rules and tries to conform.</li> <li><input type="checkbox"/> May blame others for her mistakes.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Is inconsistent in behavior: friendly, angelic, unfriendly, and mischievous.</li> <li><input type="checkbox"/> Needs lots of praise and encouragement.</li> <li><input type="checkbox"/> Needs indirect supervision and direction. Usually overreacts to negative correction.</li> <li><input type="checkbox"/> Usually wants her own way. Has an interest in what is “good” or “bad.”</li> <li><input type="checkbox"/> Shows growing independence.</li> </ul>
<b>Social Characteristics</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Likes to play with peers.</li> <li><input type="checkbox"/> Prefers to work in small groups (2-3).</li> <li><input type="checkbox"/> May need support in completing cleanup, in putting things away and being neat.</li> <li><input type="checkbox"/> Can engage in group discussion.</li> <li><input type="checkbox"/> Is interested in making up roles.</li> <li><input type="checkbox"/> Is capable of compromise, waiting her turn and working out disputes with adult support.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Plays a great deal in groups.</li> <li><input type="checkbox"/> Has some trouble with same-age peers. Often plays better with slightly older children.</li> <li><input type="checkbox"/> Wants adults to like her.</li> <li><input type="checkbox"/> Likes to have “jobs,” but is often careless with possessions, loses things easily and is absent-minded.</li> <li><input type="checkbox"/> Wants to make lots of friends.</li> </ul>
<b>Physical Characteristics</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Has a good appetite, burns energy rapidly, needs frequent snacks.</li> <li><input type="checkbox"/> Usually tires early in the evening.</li> <li><input type="checkbox"/> Has better control of large muscles than smaller muscles.</li> <li><input type="checkbox"/> Cannot sit still for long periods of time.</li> <li><input type="checkbox"/> Eye-hand coordination is maturing.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Has a large appetite.</li> <li><input type="checkbox"/> Can play at an activity for longer periods of time and is very active.</li> <li><input type="checkbox"/> Is more able to work or play in one place without fidgeting.</li> <li><input type="checkbox"/> Is able to do fine motor activities and has better eye-hand coordination.</li> <li><input type="checkbox"/> Is ready to take on more complex activities.</li> </ul>
<b>Intellectual Characteristics</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Questions the whys and wherefores of surroundings.</li> <li><input type="checkbox"/> Learns by doing, experiencing and playing.</li> <li><input type="checkbox"/> Can print some letters, numbers and words.</li> <li><input type="checkbox"/> Cannot easily see the viewpoint of another if it is different from her own.</li> <li><input type="checkbox"/> Can last in an adult-directed activity for 20 minutes.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Is beginning to read.</li> <li><input type="checkbox"/> Is interested in realism, magic, and fantasy.</li> <li><input type="checkbox"/> Is curious and eager to learn, but sometimes acts as if she knows it all.</li> <li><input type="checkbox"/> Is more attentive and active. Can attend to an adult-directed activity for 20-30 minutes, but needs action.</li> <li><input type="checkbox"/> Likes to be read to.</li> <li><input type="checkbox"/> Is the center of her universe.</li> </ul>

## Behavior Management

One of the greatest challenges in working with a troop of girls is behavior management. How do you effectively manage the behavior of the girls in your troop? Prevention is the key. By putting the proper procedures in action, you will prevent behavior problems. The following is a list of things to consider when working with Girl Scout Daisies.

### ◆ Be Prepared

Prepare in advance for your meetings. Talk with co-volunteers and other helpers about the upcoming meeting's agenda. Be sure you understand who will do what. If you are prepared and keep the meeting moving along, the girls will not have time to find other activities that may cause problems.

### ◆ Get There Early

Have everything ready before the first girl walks through the door. This will allow you to greet the girls as they arrive, talk to them and make them feel welcome.

### ◆ Provide Positive Praise

Girls need and want positive comments. Focus on what they are doing right. Praise must be specific and sincere.

### ◆ Establish Ground Rules

To help the weekly meetings run smoothly, have the girls establish ground rules for behavior and expectations. **It is important that the girls establish the ground rules, not the leaders. You want girls to have ownership of the ground rules, and to hold one another accountable if the rules are broken.** Have them brainstorm what the rules should be, and any consequences to broken rules. For Girl Scout Daisies, you will need to have an idea of appropriate ground rules, and guide the girls in the discussion. Give them examples of behavior and ground rules. You will need to be very concrete with them.

### ◆ Establish an Order for Your Meetings

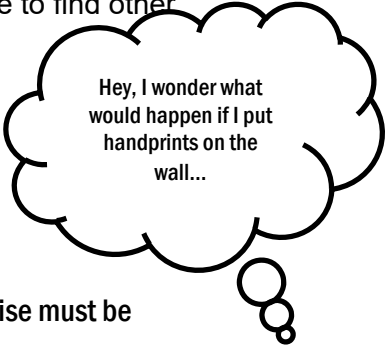
By establishing an order, you are creating a routine for the girls. After several weeks, the girls will understand the expectations and know what comes next. You are establishing a framework and will see cooperation and initiative from the girls. The meeting becomes theirs, and they will take responsibility.

### ◆ Use Five and One Minute Warnings

Girl Scout Daisies need to know when an activity is ending and another is about to begin. This helps them to learn to plan, and not feel rushed. The warning signal can be a bell, a song, or any appropriate signal you choose.

### ◆ Provide a Snack

Snack time allows the girls to share and relax and gives them responsibility. Use a kaper chart to show responsibility for snack time. Snack time should be simple and planned appropriately based on when your troop meets. For example, if it is close to dinnertime, you may serve juice instead of cookies and juice.



Hey, I wonder what would happen if I put handprints on the wall...



## Managing Your Own Reactions

When it comes to managing the behavior of the troop/group, sometimes our own reactions can help or hinder our efforts. Here are a few things to remember when it comes to managing your own reactions.



1. Do not feel that you must react instantly to a situation if you are not sure what to do, or if you realize you are angry and may overreact. Take a minute or two to collect your thoughts, and tell the girl, “I will get back to you in a minute. I am going to take a time-out from this situation.”
2. It is okay to walk away briefly if you are really angry. Make sure another adult is nearby. Find another adult, and ask her to supervise your group while you cool down.
3. Remember that while it is easier to dole out punishment, it is much more beneficial to bestow thoughtful consequences of undesirable behavior. The use of good consequences is much more effective, and creates a positive, cooperative atmosphere for the girl and the troop.
4. Start fresh every meeting; avoid having consequences carry over to the next meeting. Be aware of, and resist building up resentment toward a “challenging” child.

## Communication about Behavioral Issues

Occasionally, you may need to intervene when behavior becomes destructive, hurtful, or it hinders the progress of the rest of the group. Whether this behavior is an isolated incident or an ongoing problem, respond quickly and appropriately, so that the group’s routine is maintained.

### 1. Problem-Solving with the Girl

- A. If you believe that there may be an underlying issue, find a private time to let the girl know that you are available to listen, if she wants to talk. You might use phrases like, “I have noticed that you \_\_\_\_\_.” “How are you doing?” “Is something bothering you?” **NEVER PROMISE CONFIDENTIALITY.** You may be required to report the problem.
- B. If the girl discloses an issue that falls into an area in which her parents or the authorities must be notified, let her know that you have to tell her parents/the authorities, to make sure that she will be okay. You may ask her how she would like to be involved in notifying her parents, if appropriate for her situation, age, etc.

### 2. Problem-Solving with Co-Volunteer(s) or Other Volunteers or Council Staff

- A. Consult this group for assistance and ideas on developing a positive environment, and managing normal adjustment problems.
- B. Maintain confidentiality about the identity of the girl(s) to the greatest degree possible. The focus of the discussion should be on creative ways of redirecting specific behaviors, and not the individual girl(s).

### 3. Parental Notification and Problem Solving

- A. Consult with parents for assistance, ideas, and additional information that may help you to manage normal adjustment problems. Use phrases like, “I am concerned that (girl’s name) seems to have difficulty with \_\_\_\_\_. I want to make sure that she can fully participate in all troop activities. Do you have any suggestions for me?”
- B. If the situation is more serious, contact the parents right away. Let them know that you are concerned about their daughter, and would like to discuss the situation with them as soon as possible.

### 4. Problem Solving and Notification of Girl Scout Council Staff

If you are uncertain about how to handle a situation, you can always contact your Service Unit Manager for issues related to normal adjustment problems or to determine the appropriate person/agency to contact for more serious problems.

#### **But She’s My Daughter!**

Surprisingly, it may be the volunteer’s own daughter that displays disruptive behavior during troop activities! It is important to remember how difficult it can be for girls to share their mom with so many other girls, all vying for the adults’ attention. And adults, trying not to show favoritism toward their daughters, may inadvertently go to the other extreme and never choose their daughters for special jobs, etc.

#### **Below are some tips for avoiding this type of problem:**

- Have the girls assist in picking camp names or nicknames for the troop volunteers that all the girls, including your own daughter, can call you during troop activities. This removes “Mom” from the picture!
- Prepare your daughter prior to the meeting by explain that your attention will be on all of the girls, and perhaps plan a special time for her after the meeting.
- Employ the “in” and “out” bag to pick girls for special tasks, treats, etc. Put the names of all troop members in the “in” bag at the beginning of the year and have the girls take turns pulling out a name whenever the need arises. The names are then put in the “out” bag.
- Make a deal with your co-volunteer! “Trade” daughters during troop activities.
- Never use your daughter to practice crafts or other troop activities prior to the troop meeting. Let her be surprised too!
- Take advantage of service area and/or council *Adult/Daughter Events* where you can spend special time with your daughter during a Girl Scout event.

# Disabilities and Inclusion

Girl Scouts has always welcomed girls with developmental disabilities, chronic health conditions and other needs. At Girl Scouts of Central & Southern, NJ, we strive to provide resources to our volunteers working with girls with developmental, learning and physical disabilities.

An estimated one in five girls in the United States has some kind of disability. Juliette Gordon Low, the founder of Girl Scouts, was partially deaf, and when she started our organization, she was determined to make it work for all girls. Including everyone is the foundation on which we build girls of courage, confidence and character who make the world a better place.

Parents are the undisputed experts on their own children, from favorite foods to situations that can lead to laughter or tears. For volunteers to support and include girls who may or may not live with a disability, comfortable and open communication between leaders and parents is crucial.

Leaders, consider asking the parents of each girl in your troop to write down the answers to the above questions and return them to you. You'll be amazed at what the answers reveal!

Whether you're just starting a troop, are in the process of accepting new members or are a seasoned veteran, the five questions above can make a world of difference in understanding and working *with every* girl, regardless of age, background or any disabilities.

## Making Accommodations

### Developmental Delays

Teach in small steps.

Give clear directions, speak slowly and clearly using only a few words. Move the child physically through the task so she can feel what to do. Stand or sit close to the child to help as needed. help the child organize his world by providing structure, consistency and by labeling things with pictures and words.

When moving from one activity to the next let the child know ahead of time and allow plenty of time for the transition.

## **Speech and Language Delays**

Be a good listener and observer.

Give directions using as few simple words as possible in complete sentences.

Talk about what you or the child is doing as you are doing it.

Encourage the child to talk about what she is doing by asking specific questions.

Repeat what the child said and add missing words, or ask the child to repeat what you are saying.

Build on what the child said by adding new information.

Praise the child's efforts at communicating even if she doesn't do it exactly right.

## **Deaf or Hard of Hearing Children**

Find out from the parents the degree of the child's hearing loss and what that means for the child.

Support the child socially.

Be sure you have the child's attention before giving instructions. Face the child and speak in full sentences.

Use visual cues such as pictures or gestures as you talk.

Encourage the child to let you know when she doesn't understand by using a special signal.

If the child doesn't understand at first, rephrase your comment rather than repeating it.

If the child uses sign language, learn some simple sign language symbols.

Provide opportunities for the child to talk.

Try not to change activities abruptly. Alert the child to any change in schedule ahead of time.

Provide a routine and structure for the child. Use cues such as timers, bells and lights.

Allow the child time to practice new activities away from the group or allow children who are withdrawn to watch new activities first.

## **Visual Disabilities**

Use communication during activities such as dressing and eating to help the child get oriented.

Think about the physical space of the room. Be wary of sharp edges on tables, curled up edges of rugs and other potential hazards.

Once you've found an arrangement of furniture that works for the room, try not to change it too much as the child may rely on it to navigate through the room.

Give specific directions and use descriptive language.

Call children by their names. Address them directly, not through someone else. Example: "Jane, do you want some banana?" Not, "Do you think Jane wants some banana?"

Avoid glaring lights. Increase or decrease the room lights gradually.

Display simple, clear, uncluttered pictures that are easy to see.

Avoid standing with your back to windows. The glare may make you look like a silhouette.

Encourage hands-on and sensory experiences such as touching, holding, exploring, tasting, smelling and manipulating.

Ask first if the child needs assistance-try not to assume you should help.

## **Physical/Neurological Disabilities**

Consider the physical space. Are there any obstacles that prevent the child from moving safely in the area? Are the pathways wide enough to accommodate special equipment such as walkers or wheelchairs?

Know the child's strengths and needs so that independence is realistically encouraged and supported.

Assist the child with activities she may not be able to do alone such as kicking a ball.

If you are having difficulty, consult her parents for suggestions.

Whenever possible, ensure the child's positioning is similar to what other children in the class are doing (such as floor time).

If the child is unable to use playground equipment, schedule other outdoor activities she can participate in, such as blowing bubbles or flying kites

Let the child bring a familiar object with her when entering new situations or beginning a new activity.

Help the child make choices by limiting the number of choices available.

Allow the child to have a safe emotional outlet for anger or fear.

## **Techniques for Managing Behavior**

Ignore negative behavior when you can.

Notice and praise positive behavior. Focus on what the child can do and accentuate the positive.

Acknowledge the child's feelings.

Model the kind of behavior you want to see in them.

Prevent problems by considering how the schedule, structure and physical space support your goals for children

Help children to talk about, act out and understand their strong feelings and behaviors.

Follow through with realistic consequences.

Be aware of what behaviors are your "hot buttons" and work with others to make sure you have the support you need.

Seek additional help if the behavior persists or you feel the need for support.

Give children a variety of reasonable choices.

Provide developmentally appropriate activities in a safe, nurturing environment.

Give the child enough time to comply with your request.

Develop a plan for how you will handle difficult behavior the next time.

Be consistent with the way the child's family and culture handles behavioral issues and their social and emotional goals for the child.

Remember to have fun with the children!



## Section 3: Girl Scout Daisy Program

### Girl/Adult Planning and Partnership

As a Girl Scout Daisy adult volunteer, you will have a unique relationship with the girls in your troop. Girls in kindergarten and first grade are eager to take on responsibility. They often become attached to a friendly and caring adult. You will become a role model for your Girl Scout Daisies. Because of the age of the Girl Scout Daisy, the girl/adult partnership is unique, and planning is very important for your success. You should prepare a general plan for your troop year and involve the girls in the decision-making.

Girl/Adult partnerships are unique, because the girls take the lead in deciding what activities they will do, making the plans for the activities and evaluating the activities. You may be asking yourself, “How does a Girl Scout Daisy make plans and evaluate activities?” Planning with Girl Scout Daisies can be a four step process.

<p><b>Step 1:</b> <i>Share ideas and listen to others.</i></p>	<p>Ask the girls what they would like to do as Girl Scout Daisies (you will need to come with some suggestions). Decisions about snacks at meetings, and what songs to sing, can be made by the girls themselves. Remember to always take into account the readiness of the girls for any activity. You will probably not want to take a field trip during your second meeting. You will gradually work towards outings and more involved activities.</p>
<p><b>Step 2:</b> <i>Decide what they want to do as a group.</i></p>	<p>The girls may need to learn how to make decisions. The best way to teach this is to give them simple <b>A or B choices</b>, and let them vote. Ask questions: “Would you like to learn a new game or a new song?” or “Would you like to visit the fire station or go for a hike in the park?” Girls will need to learn that while their first choice may not have been picked this time, it may be the one chosen at the next meeting.</p>
<p><b>Step 3:</b> <i>Assign simple tasks</i></p>	<p>This grade level likes to help! Give girls the opportunity to assist with clean-up after activities (even though it may be easier to do it yourself) or other simple jobs. You can assign different tasks each week by using a <b>kaper chart</b>, or allow the girls to take turns picking names out of an “IN Bag.” Once a name has been drawn, it is placed in the “OUT Bag,” which will become the new “IN Bag” once everyone has had a turn!</p>
<p><b>Step 4:</b> <i>Evaluate and process the activity</i></p>	<p>Always ask the girls questions after each Girl Scout activity and listen to their answers:</p> <ul style="list-style-type: none"> <li>◆ What did you do?</li> <li>◆ What part did you like best?</li> <li>◆ What did you learn?</li> <li>◆ What should we do differently next time?</li> </ul> <p>Allowing them to evaluate and discuss the activity will encourage the girls to share their experiences. It will also allow you to discover whether they reached the desired short-term outcomes for Girl Scout activities: <b>Discover, Connect, and Take Action!</b></p>

# Troop Government

## The Girl Scout Daisy Circle

The Girl Scout Daisy Circle is an introduction to troop government, and the democratic process, for the youngest Girl Scouts. It is where girls learn communication and decision-making skills through discussions as a large group. Girls form a Girl Scout Daisy Circle at the meeting whenever they need to make decisions, plan for future activities, and to solve problems.

The adult volunteer's role in the Girl Scout Daisy Circle is to guide girls in their decision-making by:

- ◆ Offering suggestions and encouragement
- ◆ Making sure each girl has an opportunity to offer input and make suggestions.
- ◆ Helping the girls focus on current business.
- ◆ Limiting choices to two (having too many choices may be confusing for this grade level).
- ◆ Making sure the final decision is voted on by all girls.

The Girl Scout Daisy Circle should not take the place of, or be confused with, the sharing time that happens at every Girl Scout Daisy troop meeting.

## Helpful Tips:

- ◆ Girls have a short attention span at this level, so limit the Girl Scout Daisy Circle to 10 – 15 minutes.
- ◆ To help the girls with the voting process, find an item or picture that represents the activities chosen (for example, an apple to represent going to the apple orchard, or an empty pizza box to represent touring a pizzeria, etc.). Put a small container or paper cup in front of the choices. Give each girl a button, and have her vote by putting it into the container of the activity she wants to do.
- ◆ Girl Scout Daisies have a hard time perceiving the future. A month can seem as long as a year to them! Try to keep the planning to the very near future.
- ◆ Girls like what they know. Five- or six-year olds will not choose to do something that is unfamiliar to them. Part of your responsibility as an adult volunteer is to open doors, and introduces the girls to new experiences and activities. Balance your “advice” with input from the girls on troop activities and decisions.
- ◆ Allow the girls the opportunity to learn from simple mistakes, as long as safety is not an issue.

## Girl Adult Ratios

Girl Scouts adult-to-girl ratios show the *minimum* number of adults needed to supervise a specific number of girls. (GSCSNJ may also establish *maximums* due to size or cost restrictions.) These supervision ratios were devised to ensure the safety and health of girls—for example, if one adult has to respond to an emergency, a second adult is always on hand for the rest of the girls. It may take you a minute to get used to the layout of this chart, but once you start to use it, you will find the chart extremely helpful.

	Group Meetings		Events, Travel, and Camping	
	<i>Two unrelated adults not living in the same household (at least one of whom is female) for this number of girls:</i>	<i>Plus one additional adult for each additional number of this many girls:</i>	<i>Two unrelated adults not living in the same household (at least one of whom is female) for this number of girls:</i>	<i>Plus one additional adult for each additional number of this many girls:</i>
<b>Girl Scout Daisies (K–grade 1)</b>	<b>12</b>	<b>6</b>	<b>6</b>	<b>4</b>
<b>Girl Scout Brownies (grades 2–3)</b>	<b>20</b>	<b>8</b>	<b>12</b>	<b>6</b>
<b>Girl Scout Juniors (grades 4–5)</b>	<b>25</b>	<b>10</b>	<b>16</b>	<b>8</b>
<b>Girl Scout Cadettes (grades 6–8)</b>	<b>25</b>	<b>12</b>	<b>20</b>	<b>10</b>
<b>Girl Scout Seniors (grades 9–10)</b>	<b>30</b>	<b>15</b>	<b>24</b>	<b>12</b>
<b>Girl Scout Ambassadors (grades 11–12)</b>	<b>30</b>	<b>15</b>	<b>24</b>	<b>12</b>

Here are some examples: If you’re meeting with 17 Girl Scout Daisies, you will need three unrelated adults (in other words, not your sister, spouse, parent, or child), at least one of whom is female. (If this does not make sense to you, follow the chart: you need two adults for 12 Daisies and one more adult for up to six more girls.)

In addition to the adult-to-girl ratios, please remember that adult volunteers must be at least 18 years old or at the age of majority defined by the state, if it is older than 18. For more information regarding girl/adult ratios please check *Volunteer Essentials and Safety Activity Checkpoints*.

## Components of a Girl Scout Daisy Meeting

There is no one right way to hold a Girl Scout Daisy meeting. The method you use depends on what works best for both the girls and the volunteers. As you get to know the girls, you will learn how to guide them in the activities that meet their interests and abilities. Girl Scout Daisy meetings are usually 60 – 90 minutes long and include:

### ◆ Pre-Meeting or Start-Up Activity (5 – 10 minutes)

As the girls arrive at the meeting place, have a quiet activity set up for them (puzzles, drawing, word games, or just let them visit with each other. Remember, it is good for them to giggle and have fun. You want them to become good friends. **Hint:** if you make this part fun, the girls will tend to be on time.

### ◆ Snack Time (10 minutes/optional)

After school troops may want to have a snack right away to give the girls a break from the school day. Evening troops may want to have the snack toward the end of the meeting. You may want to include a snack time during your meetings depending on the time your troop meets. It is a good idea to have an official troop snack container. A five-pound coffee can that the girls have decorated is a good start! You can write the number of finger-foods needed for snack on the lid with a permanent marker. The snack container also serves as a reminder to the troop member and her parent/guardian that she is in charge of the snack for the next meeting.

### ◆ Opening (5 – 10 minutes)

This officially calls the meeting to order. Many troops use the Girl Scout Daisy Circle to signal the beginning of the meeting. If needed, use the quiet sign to call the meeting or order and recite the Girl Scout Promise and the Pledge of Allegiance. This is also a good time to teach a new game or song. Girls can also share their interests, feelings, and daily experiences while in the Girl Scout Daisy Circle. Be sure this is voluntary. Each girl should be assured of an opportunity to speak.

### ◆ Business Meeting (5 – 10 minutes)

With the assistance of an adult, ask one of the girls to take attendance. Welcome new girls, brainstorm ideas, make plans, and vote on decisions. Collect any forms such as permission slips or other items that the girls may be returning. Discuss the activity planned for the meeting; why you are doing it, what you want the girls to learn from it, and how it will be done.

### ◆ Activity/Exploration (15 – 20 minutes)

Try to plan activities that can be completed in one meeting, such as an activity from one of the Girl Scout Daisy Journey books or a petal activity from their Girl's Guide to Girl Scouting. If a project cannot be completed in one meeting, divide it into two or three short steps that can be completed at individual meetings. This will give girls a sense of completion and accomplishment after each meeting.

### ◆ Clean-up (5 – 10 minutes)

Make sure to give girls advance notice for clean-up time so that they have time to complete their projects. Think of ways to make clean-up time fun. For instance, you might play some familiar music and try to clean-up before the music ends.

### ◆ Closing (3 – 5 minutes)

Call the girls to the Friendship Circle for any reminders and last minute discussion. Other closing activities could be saying goodbye in other languages or singing a goodbye song. Invite any parents that may have arrived early to join in. Following the closing, the girls are dismissed.

## Kaper Charts

A **Kaper Chart** is a girl-planning tool that can help teach responsibility and leadership skills. Troops/groups often use a kaper chart to divide up different duties and tasks of a troop meeting. The troop, with guidance from adult volunteers, can decide what specific jobs are needed for each meeting. These jobs can then be divided between the girls. To start, have the troop discuss the following:

- ◆ What needs to be done?
- ◆ How will the different jobs be rotated?
- ◆ What kind of kaper chart do we want?

### Kaper Chart Ideas

There is no one way to make a kaper chart. Anything that clearly shows who is responsible for a specific task will work. A basic kaper chart may look similar to this example. There are great examples online too.

Give the girls in your troop the opportunity to help design their own kaper chart, or make a basic chart for them and allow them to decorate it.

- ◆ Draw a garden scene on a poster board including a daisy flower for each kaper. Write a kaper on each flower. Add a small Velcro date in the middle of each flower center. Have the girls write their names on cardboard ladybugs and put Velcro on the back of each. Put “ladybugs” on the flowers to denote who is responsible for that kaper.
- ◆ List kapers on a piece of poster board that is shaped like a wheel, with the kapers written in the “spokes.” Cut out a cardboard arrow and attach a center of the wheel with a brad (make sure it is not too tight so it can spin easily!). Have each girl take a turn spinning to find her kaper.
- ◆ Cut a piece of poster board into the shape of a trefoil (the Girl Scout symbol). Write kapers around the edge. Have each girl write her name on a spring clothespin. Let each girl decorate her clothespin with washable markers. Move clothespins around the board to assign kapers.

## Kaper Chart Examples

### Sample 1

Meeting Date	Opening Activity	Closing Activity	Clean-up
<b>Sept 15</b>	Megan Bianca Taylor	Maria Beth Tiara	Lashonda Shelly Amie
<b>Sept 29</b>	Lashonda Shelly Amie	Megan Bianca Taylor	Maria Beth Tiara
<b>Oct 6</b>	Maria Beth Tiara	Lashonda Shelly Amie	Megan Bianca Taylor

## Sample 2

<b>Troop 1234 Kaper Chart</b>				
<b>Kaper</b>	<b>Meeting</b>			
	<b>9/25</b>	<b>10/9</b>	<b>10/23</b>	<b>11/6</b>
<b>Opening</b>	Rita Jami Molly	La'Trice Jodi Katie	Lisa Ashley Randi	Susan Amanda Mary
<b>Refreshments</b>	Susan Amanda Mary	Rita Jami Molly	La'Trice Jodi Katie	Lisa Ashley Randi
<b>Clean-up</b>	Lisa Ashley Randi	Susan Amanda Mary	Rita Jami Molly	La'Trice Jodi Katie
<b>Closing</b>	La'Trice Jodi Katie	Lisa Ashley Randi	Susan Amanda Mary	Rita Jami Molly

## Sample 3

<div style="border: 1px solid black; border-radius: 50%; width: 60px; height: 60px; margin: 10px auto; display: flex; align-items: center; justify-content: center;">Jessi</div> <div style="border: 1px solid black; border-radius: 50%; width: 60px; height: 60px; margin: 10px auto; display: flex; align-items: center; justify-content: center;">Tina</div> <div style="border: 1px solid black; border-radius: 50%; width: 60px; height: 60px; margin: 10px auto; display: flex; align-items: center; justify-content: center;">May</div>	<p><b>Kaper Chart</b></p> <p><b>Snack</b></p> <p><b>Supplies</b></p> <p><b>Clean-up</b></p> <p><b>Ceremonies</b></p> <p><b>Special Helper</b></p>	<div style="border: 1px solid black; border-radius: 50%; width: 60px; height: 60px; margin: 10px auto; display: flex; align-items: center; justify-content: center;">Jen</div> <div style="border: 1px solid black; border-radius: 50%; width: 60px; height: 60px; margin: 10px auto; display: flex; align-items: center; justify-content: center;">Beth</div>
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**Sample 4**  
**DAISY TROOP 1234 KAPER CHART**

**Meeting Starter**



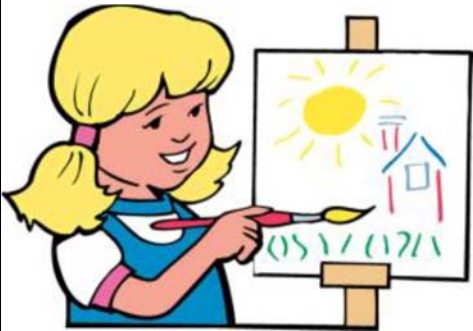
**Pledge Leader**



**Clean-Up Helpers**



**Craft Helpers**



**Snack Helper**



**Promise Leader**



**Color Bearer and Color Guards**



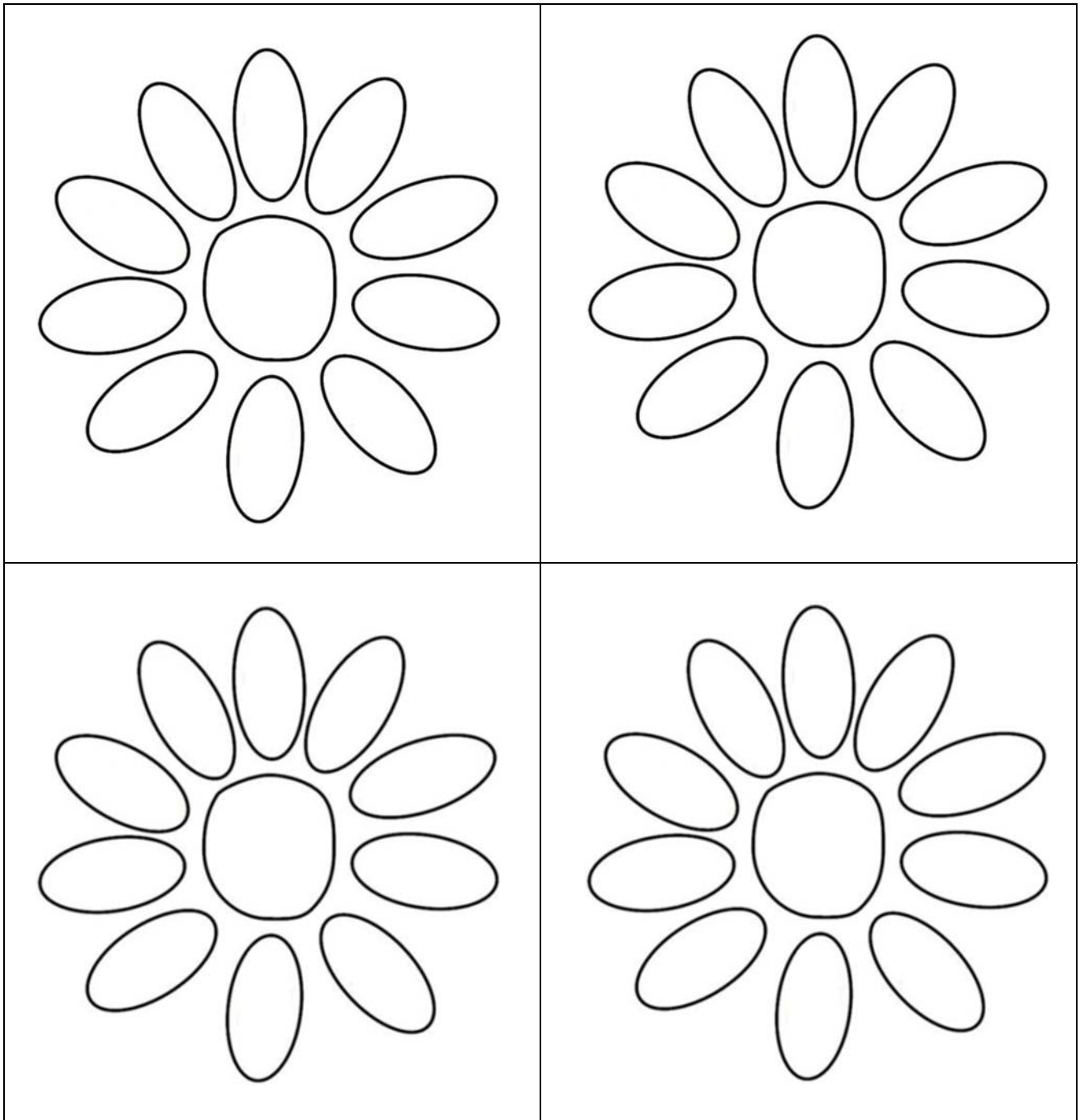
**Quiet Sign Leader**



**Squeeze Starter**



## Kaper Chart Daisy Petal Name Tile Template

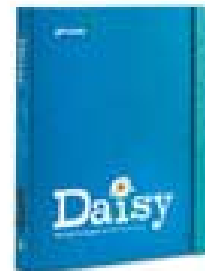




# Girl Scout Daisy Resources

## *The Girl's Guide to Girl Scouting*

Girls at every grade level have a *Girl's Guide to Girl Scouting*, which correlate with the leadership journeys. Through fun activities, girls can earn a variety of badges to build the skills and gain the confidence they will use to change the world. They can even develop and complete activities to make their own badge—a great way to explore a topic of personal interest. (In addition, girls who make their own badge will learn *how* to learn, an important skill to have in school, on the job, and in life!)



*The Girl's Guide to Girl Scouting* is designed to complement the Journeys at each grade level. This means that each Skill-Building Badge Set (there are currently three; each is sold separately from *The Girl's Guide to Girl Scouting*) is tied to one of the three Journeys (as you can see in the following chart). You will find that doing a Journey and the related badge set at the same time will make it easy to offer the entire National Program Portfolio—Journeys and badges—in a seamless way.

Inside *The Girl's Guide to Girl Scouting* binder, you will discover three tabs: Handbook, Awards, and My Girl Scouts. The Handbook section consists of the Girl Scout Promise and Law, the Flower Friends, Journey Map, Girl Scout history and traditions, Girl Scout Daisy uniform and special awards, and the requirements to Bridge to Girl Scout Brownies. Under the Awards section you will discover the Award Log, which lists all of the awards that can be earned by a Girl Scout Daisy. Also included are all of the requirement booklets for the Daisy Petals and Financial Leaves. My Girl Scouts section is a scrapbook and includes stickers that can be used to track their awards, an area for a journal and a place where the girls can write a letter to themselves to be read in the future.

## Journeys

What is a Journey? A key part of the Girl Scout Leadership Experience is the Leadership Journey, a coordinated series of activities grouped around a theme. Along the Journey, girls will use the three leadership keys, **Discover**, **Connect**, and **Take Action** to make the world a better place. The activities included in the Journey guides may be done by troops/groups, by individually registered girls, or as part of larger program events. Each grade-level Journey series includes an adult guide and a corresponding girl book. The adult guide includes sample meeting sessions, activity ideas, and tips for successfully providing a strong leadership experience for girls.

## 3 Leadership Journeys

### It's Your World—Change It!

This Leadership Journey encourages girls of all ages to make the world a better place and make new friends along the way.

### It's Your Planet—Love It!

Leadership Journey, girls learn about environmental topics such as clean water and air, noise pollution, global warming, soil contamination, and agricultural processes. Each Journey is packed with current environmental information and offers ways to improve life for everyone on the planet.

### It's Your Story—Tell It!

Stories say so much about us—they're a way to express our interests, hopes, and dreams. So it's important that girls get the opportunity to tell their stories through the range of creative approaches highlighted in this Journey!

## Outdoor Journey

Anchored by the Troop Camping badge, our new Outdoor Journey will strengthen girls' outdoor skills and ignite their interest in environmental stewardship. Girls will also complete a Take Action project.

## STEM Journeys

**Engineering: Think Like an Engineer.** Girls discover how to think like an engineer by participating in hands-on design challenges and completing a Take Action project.

**Computer Science: Think Like a Programmer.** Girls learn how programmers solve problems as they (girls) participate in interactive computational-thinking activities and complete a Take Action project.

**Outdoor STEM: Think Like a Citizen Scientist.** Girls practice the scientific method by undertaking a citizen science project. They make observations, collect data, and work with scientists who provide feedback on research and findings. Girls also complete a Take Action project.

**Combined with existing STEM and outdoor programs, as well as programming that addresses life skills and entrepreneurship, Journeys and badges help girls empower themselves to take the lead like a Girl Scout as they accomplish amazing things. To see a list of all the badges and awards please visit the Volunteer Toolkit.**

# Girl Scout Daisy Uniform

## Girl Scout Daisy Vest

1. Daisy Insignia Tab
2. World Trefoil Pin
3. Daisy Membership Pin
4. Daisy Promise Center and Learning Petals
5. Daisy Journey Award Patch
6. Cookie Sale Activity Pin
7. Iron-On Troop Numerals
8. Wavy American Flag Patch



## Girl Scout Daisy Tunic

1. Daisy Insignia Tab
2. World Trefoil Pin
3. Daisy Membership Pin
4. Daisy Promise Center and Learning Petals
5. Daisy Journey Award Patch
6. Cookie Sale Activity Pin
7. Iron-On Troop Numerals
8. Wavy American Flag Patch



Since the early days, Girl Scouts has been a uniformed organization. Today, that tradition continues, with the uniform representing Girl Scouting's trusted relationship between outward appearance and inward strengths and ideals.

Girls usually wear their Girl Scout uniform for the first time at the Investiture Ceremony. Girl Scouts may choose to wear uniforms at meetings or Girl Scout events to:

- Make them easily identifiable to each other and to the public
- Foster a feeling of unity among members
- Reinforce the sense of belonging to the Girl Scout Movement

Wearing a uniform is not a requirement to being a Girl Scout, but uniform pieces provide girls a place to display their Girl Scout pins and the insignia that they have earned.

## Girl Scout Daisy Insignia and Earned Awards

### Girl Scout Daisy Membership Pin

This pin is only worn by Girl Scout Daisies and is presented during the Girl Scout Investiture Ceremony. It is worn on the Girl Scout Daisy Insignia tab (on the bottom of the tab) on the left side of the uniform.



### World Trefoil Pin

This pin signifies that all Girl Scouts are members of the World Association of Girl Guides and Girl Scouts (WAGGGS). It is presented after the girls have learned about the international aspects of Girl Scouting and Girl Guiding. Thinking Day is an ideal time for this ceremony. The pin is worn on the Insignia Tab above the Daisy Membership Pin.



### Girl Scout Daisy Petals

Girl Scout Daisies who have learned the Girl Scout Promise earn the Girl Scout Promise Center to put on their tunic or vest. Girl Scout Daisies receive a Daisy Learning Petal for each part of the Girl Scout Law they learn and understand. The petals are placed around the Promise Center in any order determined by the girl.



### Financial Literacy Leaves

These leaves are earned when Girl Scout Daisies participate in Council Sponsored Fall Product Sales program and learn how to use money.



### Cookie Business Leaves

Girl Scout Daisies can earn these leaves when they participate in the Cookie Program and use the skills that they learned earning their Financial Literacy Leaves



### Safety Award

The Safety Award is earned when Girl Scout Daisies learn how to stay safe during their Daisy adventures.



### My Promise, My Faith

Girl Scout Daisies earn this pin (one for each year) by examining the Girl Scout Law and how it applies to their faith.



## Leadership Journey Awards

Each Girl Scout Journey program has three awards that correspond with the theme of the Leadership Journey. They are the awards that Girl Scout Daisies can earn by completing the various activities throughout the Journey book.



## The Daisy Journey Summit Award

Upon completion of all three Girl Scout Daisy Leadership Journeys, the girls will earn this very special award.



## Membership Star

Every Girl Scout receives a gold membership star at the end of each troop year to signify the completion of one year of Girl Scouting. Additionally, the girls receive a colored disc that fits behind the star. Each grade level has a specific color disc. The Girl Scout Daisy disc is blue.



## Bridging to Girl Scout Brownie Award

Awarded to first grade Girl Scout Daisies who have completed the bridging steps listed in the Girl's Guide to Girl Scouting. The award is presented to the girls during the Bridging to Girl Scout Brownies ceremony held at the year of the year.



**NOTE:** This is an optional award. First grade Girl Scout Daisies do not need to earn the "Bridge to Girl Scout Brownies Award" to be considered Girl Scout Brownies once they move to the 2<sup>nd</sup> grade.

## Participation Patches

Girl Scouts often receive patches for participating in an activity, event, or special program (also called fun patches). These events are usually one day programs that the council or Service Unit sponsors. Participation patches are placed on the back of the vest or tunic.



**You can find the requirements for these special awards, as well as the legacy badges and the new STEM themed badges and Journeys on the Volunteer Toolkit (VTK).**

## Section 4: Troop Information

### Troop Finances

Girl Scout Daisies are not ready to handle money. The troop finances and record keeping are the responsibility of the adults working with the troop. The following are a few things to remember regarding troop finances:

- Girl Scout Daisies may participate in council-sponsored product sales when selling with an adult. The troop profits earned during these activities, along with dues collected from Parents/Guardians, are used to support the cost of the Girl Scout Daisy program.
- Meet with parents and/ adults supporting your troop to establish a strategy for troop funds. For example, parents could pay a modest monthly activity fee based on an estimated annual troop budget. Consider the financial situation of all girls in your troop. Being a Girl Scout Daisy should not be expensive.

### How do I open a bank account for my Girl Scout Daisy Troop?

Opening a bank account is one of the first steps in getting your Girl Scout troop up and running. GSCSNJ strongly encourages you to use their recommended financial institutions or their subsidiaries. We have developed a close relationship with these institutions and know that that they have low or no costs for non-for-profit accounts, allow debit cards, and have a short turnaround for processing paperwork.

### Establishing a Troop Bank Account

You will receive guidelines and instructions for establishing a troop bank account at your New Leader Orientation.

All money raised or earned and other assets received in the name of and for the benefit of Girl Scouting must be authorized by Girl Scouts of Central & Southern NJ, Inc. and used for the purposes of Girl Scouting. Such monies and other assets become the property of and are administered by GSCSNJ. Such assets are not the property of an individual girl or adult, service unit, troop/group or communities within the council. Any person who misuses council assets will be removed from their Girl Scout position(s) and is subject to prosecution.

Girl Scout Daisies can participate in council-sponsored product sales, but may not do additional Troop Money-Earning projects. All other expenses are incurred by the parents, unless the troop has a sponsor.

## Involving Parents in the Girl Scout Daisy Experience

Here are some simple guidelines to involve parents in the Girl Scout Daisy experience:

- ◆ **Have a parent meeting.** Before you have your first meeting with the girls, invite the parents to a meeting. This allows them to meet you and your co-volunteers, meet the other girls and begin a relationship with other parents. Have the parents meet in one room and the girls in another. If that is not possible, meet without the girls or plan the meeting to address both the girls and adults.
- ◆ **Establish a method of communication.** Will the girls receive flyers to take home that talk about Girl Scout activities? Will the parents receive phone calls or emails? Will the troop have a newsletter? Be sure to establish a method of communication with parents. Girls in kindergarten and first grade cannot be relied on to share important information with their parents. As a volunteer, you need to be communicating on a regular basis with the girls' parents/guardians. You can use various methods of communications to do this: phone calls, troop newsletters, email, or develop a troop website.
- ◆ **Greet the parents.** As girls are being dropped off for the meeting, be sure an adult volunteer or co-volunteer is assigned to greet the parents and communicate with them about the meeting and any upcoming activity. This also allows the parents to speak with you or your co-volunteer about their daughter. Be sure to relay any important information as parents pick up their daughters.
- ◆ **Keep in touch with parents.** It may not be realistic to contact all of your parents on a weekly or even monthly basis, however, make a point to connect with them at least twice a year. Tell them how their daughter is progressing. If you are proud of a girl's accomplishment, tell her parents. Communicate successes and concerns often. A simple conversation can go a long way.
- ◆ **Have parents sign up to help.** A great time to solicit assistance is at your first parent meeting. Parents and extended family of the girls are your best resource. Be sure to ask if you need an extra set of hands at meetings, drivers for field trips, or help with a project. Be sure you ask for specifics. If you are vague or nondescript about what needs to happen, they will not volunteer.
- ◆ **Recognize parents.** Send a note to thank parents for their help, mention their assistance in your troop's newsletter, and share with them how you have seen their daughter change and grow.

# Guidelines for Girl Scout Daisy Parent Meetings

Having a parent meeting is important to the success of your Girl Scout Daisy troop. Parent meetings allow you to meet your greatest resource. Parents need to be communicated with on a regular basis, asked directly to help with troop meetings and activities and feel that they are involved with their daughters. Below is a sample agenda to help you plan a parent meeting.

## Welcome and Introductions

- ◆ Personally welcome all parents and guardians.
- ◆ Be sure everyone has a name tag.
- ◆ Have an activity where parents/guardians can introduce themselves and learn something about each other.
- ◆ Introduce your co-volunteers, and any other adults helping with the troop.

## Provide Information about Girl Scouts

- ◆ Share the Girl Scout Mission.
- ◆ Share the Promise, Law, and Leadership Experience outcomes.
- ◆ Describe, in your own words, the benefits of being a Girl Scout.
- ◆ Explain the importance of girl/adult partnerships, helping girls to learn to make decisions, and what that will look like for Girl Scout Daisies.

## Troop Volunteer's Job

- ◆ Describe the trainings you have taken, or will be taking.
- ◆ Briefly explain your responsibilities as a troop volunteer.
- ◆ Explain the support you will receive from the Service Unit and Girl Scout Council.

## Parent/Guardian Responsibilities

- ◆ Explain specifically how adults/parents can help to support the troop.
- ◆ Share your expectations of adults/parents, and how they can help you be a volunteer, especially the financial support needed.
- ◆ Explain the benefits of having parents involved with their daughters in Girl Scouts.
- ◆ Invite adults/parents to register with the troop. Be sure to have them complete the volunteer application process, which can be found on the website.



# Section 5: Meetings for Girl Scout Daisies

## Creating a Quality Experience

Girl Scouting's promise to girls is stated in the mission: Girl Scouting builds girls of courage, confidence, and character, who make the world a better place. Girls engage in activities that help them **Discover** themselves and their values, **Connect** with others, and **Take Action** to make the world a better place.

A quality Girl Scout Leadership Experience includes going on a Leadership Journey, earning badges (petals and leaves), taking field trips, selling Cookies and Fall Products, and enjoying Girl Scout traditions.

The sample meetings that GSCSNJ has included in this workbook demonstrate how to customize your troop meetings using the Leadership Journeys, *The Girl's Guide to Girl Scouting*, and Girl Scouts of Central & Southern NJ programs and events. Together with the girls and families in your troop, you will take part in activities and challenges where girls play an active part in planning and doing, learn by doing, and work together toward shared goals.

## Meeting Plans Outline

As stated earlier in the workbook, the troop leaders plan the meetings where girls play an active part in figuring out the what, where, when, how and why of their activities. Age appropriate, girl-led experiences are built into the sample meeting plans to make it easy for you.

Each meeting runs roughly 60 minutes. You do not have to squeeze or stretch activities to fit a particular time. Meetings can be customized and adjusted to match the needs and desires of your troop/group.

## Troop Meeting Structure

**Pre-Meeting Activity:** Greetings, signing-in and fun activities to do until all the girls arrive. A sample sign-in/sign-out sheet is included in the Appendix.

**Opening:** Ceremony designed by the girls to start the meeting. For example, greeting each other with the Girl Scout handshake, reciting the Girl Scout Promise and Law, a simple flag ceremony and singing songs.

**Business:** Meeting in the Girl Scout Daisy Circle for troop business and planning. Jobs can be assigned using the kaper chart, collecting dues, making announcements, planning an event or trip and discussing what they will do.

**Activity/Exploration:** Activities to help girls gain a deeper understanding of themselves, develop healthy relationships, connect with others and have lots of fun.

**Clean-up:** Working together to leave the site better than you found it.

**Closing:** Reflecting on the meeting and a closing ceremony. In the Friendship Circle, share how to practice what they learned, sing a song, friendship squeeze and sign out.

**Snack Time (optional):** A healthy food and beverage. Invite the troop's friends and family network to sign up to bring a snack. Be sure to accommodate any food allergies and dietary restrictions.

# Meeting 1: Girl Scout Promise and Honest and Fair

## Meeting at a Glance

- ◆ **Goal:** Girls get to know one another, learn basic Girl Scout values, and learn how to be honest and fair.
- ◆ **Toward the Award:** Earn the Promise Center and the Honest and Fair petal
- ◆ **Supplies:**
  - Nametags – use cardstock and yarn. The pattern can be found on one of the following pages.
  - Markers, crayons, stickers
  - Pen and sign-in/sign-out sheet
  - Kaper char
  - Girl Scout Daisy, *The Girl's Guide to Girl Scouting*
  - Girl Scout Promise visual
  - Investiture Ceremony invitations
- ◆ **Prepare Ahead:**
  - Make nametags from the pattern and cut the yarn
  - Make a copy of the sign-in/sign-out sheet
  - Write out the Girl Scout Promise on a whiteboard or cardstock
  - Prepare a Kaper Chart
  - Learn several songs or games
  - Make an invitation for each girl's family to attend the Investiture Ceremony (include Troop #, date, time, location, etc.)

## Pre-Meeting

- ◆ Greet and introduce yourself and explain using the sign-in sheet.
- ◆ Give the girls a nametag to decorate with markers, crayons and stickers.
- ◆ Option: Adult helper leads the girls in a game.

## Opening

- ◆ Gather in a circle and explain that they are now in a Girl Scout Daisy Circle. Explain that you will form a Daisy Circle to start your meetings so you can welcome new girls and visitors, greet each other with the Girl Scout handshake, recite the Girl Scout Promise and Law and sing songs.
- ◆ Ask girls and adults to introduce themselves by saying their name and one thing about themselves that they want everyone to know. After each girl introduces herself, direct the group to respond by saying, "Welcome to Girl Scout Daisies (Name)."
- ◆ Explain the Girl Scout Promise (GGGS pages 4 – 5) and that you will start every meeting by saying the Girl Scout Promise. Say the Promise using what you wrote out, pointing to the words as you read them. Read it again, line by line, and ask the girls to repeat each line after you.
- ◆ Ask the girls to share what the Promise means to them.
- ◆ Congratulate them for earning the Promise Center (GGGS page 8).
- ◆ Celebrate by teaching and singing, "Make New Friends" (GGGS page 9).
- ◆ Explain that in the coming weeks they will learn other Girl Scout traditions.

## Business

- ◆ Explain that after the opening at each meeting, you will have your business and planning time to share ideas, make decisions, and talk as a group.
- ◆ Introduce the Quiet Sign (GGGS page 13) and practice several times.
- ◆ Explain the rules for the meeting site and ask if there are other rules your group should have (i.e., taking turns, being respectful, etc.). Write down the rules the girls agree to follow.
- ◆ Introduce the Kaper Chart
- ◆ Explain that they soon will have a special ceremony called an Investiture Ceremony. At this ceremony, they will receive their Girl Scout Daisy Pin and say the Girl Scout Promise in front of their families. Girls will receive invitations to take home later in the meeting.
- ◆ Introduce today's line of the Girl Scout Law: "Today we are going to learn more about Girl Scout Daisies and what it means to be honest and fair. It is time to explore!"

## Activity/Exploration

- ◆ Explain that Girl Scouting was started by a woman named Juliette Gordon Low and show the picture of her (GGGS page 12). Teach the girls "How Girl Scouts Got Started" action story.
- ◆ Teach either the "Girl Scout Daisy Song" or "I'm a Little Daisy."
- ◆ Sit at tables and introduce the Girl Scout Law using the Flower Friends (GGGS pages 6 - 7).
- ◆ Stay at the tables or get in the Girl Scout Daisy Circle to read, "Lupe's Story" from the awards section of the Girl's Guide.
- ◆ Talk about "Lupe's Story" using the questions in *The Girl's Guide to Girl Scouting*.
- ◆ Play a game like Musical Chairs, Red Light, Green Light or Duck, Duck, Goose. Talk about the rules, and then follow them as you play. This shows practical application of the Honest and Fair law.
- ◆ Get in the Girl Scout Daisy Circle and say the first line of the Law (Lupe's line).
- ◆ Congratulate the girls for earning their Lupe, Honest and Fair, petal.

## Clean-up

- ◆ Remind the girls of kapers and work together to leave the site better than you found it.

## Closing

- ◆ Form a Daisy Circle and ask, "How can you practice being honest and fair this week?"
- ◆ Explain that they will receive the Promise Center and Lupe, Honest and Fair, petal badges at the Investiture Ceremony. In the meantime, they can use the Promise Center and Lupe, Honest and Fair, petal stickers and awards log in the Girl's Guide.
- ◆ Explain that they will join hands for a special Girl Scout closing called the Friendship Circle and friendship squeeze. Stand in a circle, cross right over left in front, hold hands with girls on both sides..
- ◆ Sing, "Goodbye, Daisies."
- ◆ When everyone is silent, one girl starts the friendship squeeze by squeezing the hand of the person to her left. One by one, moving clockwise, each girl passes on the squeeze until it travels all the way around the circle. (Tip: To ensure the squeeze makes it around the circle, have each girl point her toe into the circle when she receives the squeeze.)
- ◆ Collect nametags and sign-out.
- ◆ Hand out invitations to the Investiture Ceremony (to parents/guardians) as girls leave.

## Options

- ◆ Snack time (optional) of cheese and crackers (story tie-in)
- ◆ Act out the story
- ◆ Play more games to practice being honest and fair
- ◆ Decorate the Investiture Ceremony invitations.

## Games, Songs, and Meeting Helps

### Daisy Says

This game is like “Simon Says” but the caller is “Daisy” instead of “Simon.” Also, in this version no one gets out by making a mistake but continues to play and have fun but learns from their mistakes by trying to follow the rules. This game can teach playing fair and respecting authority.

1. The caller is “Daisy”
2. When the caller says, “Daisy says to touch your toes” everyone touches their toes and stays in position until the next command.
3. If the caller says, “Jump up and down three times,” but does not say “Daisy says” then girls should not move. Those that do are caught and stay in the game.
4. Give the caller a few chances to stump the others and then switch callers.

### “How Girl Scouts Got Started” Action Story

1. I will read a story and when I say certain words, you do an action.
2. Let us review the words and actions:
  - GIRL SCOUTING or GIRL SCOUTS – The Girl Scout sign (GGGS page 12)
  - DAISY – Touch the floor, jump up, and say, “Amazing Daisy!”
  - BABY – Fold arms and rock like you are holding a baby
  - CLIMB – Pretend to climb
  - SWING – Sway side-to-side
  - RABBIT – Hop
  - FUN – Spin in a circle while waving arms in the air
3. Now I will read the story and you will do the actions when you hear those words. (Ask an adult to stand in front and help demonstrate by responding at the appropriate time.)

**GIRL SCOUTING** was started by a woman named Juliette Gordon Low. When she was a **BABY**, her uncle said she was going to be a **DAISY**. That was his way of saying she was special! Her family started calling her **DAISY**, and that became her nickname. Years later, **GIRL SCOUT DAISIES** were named after her.

When **DAISY** was a girl, she liked to **CLIMB** trees and **SWING** on vines. She loved all kinds of animals. She even had a pet **RABBIT**! And she always had a lot of **FUN** – and when she grew up, she wanted other girls to have **FUN**, too. That’s why she started **GIRL SCOUTS**. Now there are **GIRL SCOUTS** all over the world!

4. Repeat if desired.

## **I'm a Little Daisy**

(To the tune of "I'm a Little Teapot")

### **Words**

I'm a little Daisy, dressed in blue  
I am a Girl Scout, you are too  
When I go to meetings, I sing and shout  
I love being a Daisy Girl Scout!

### **Motions**

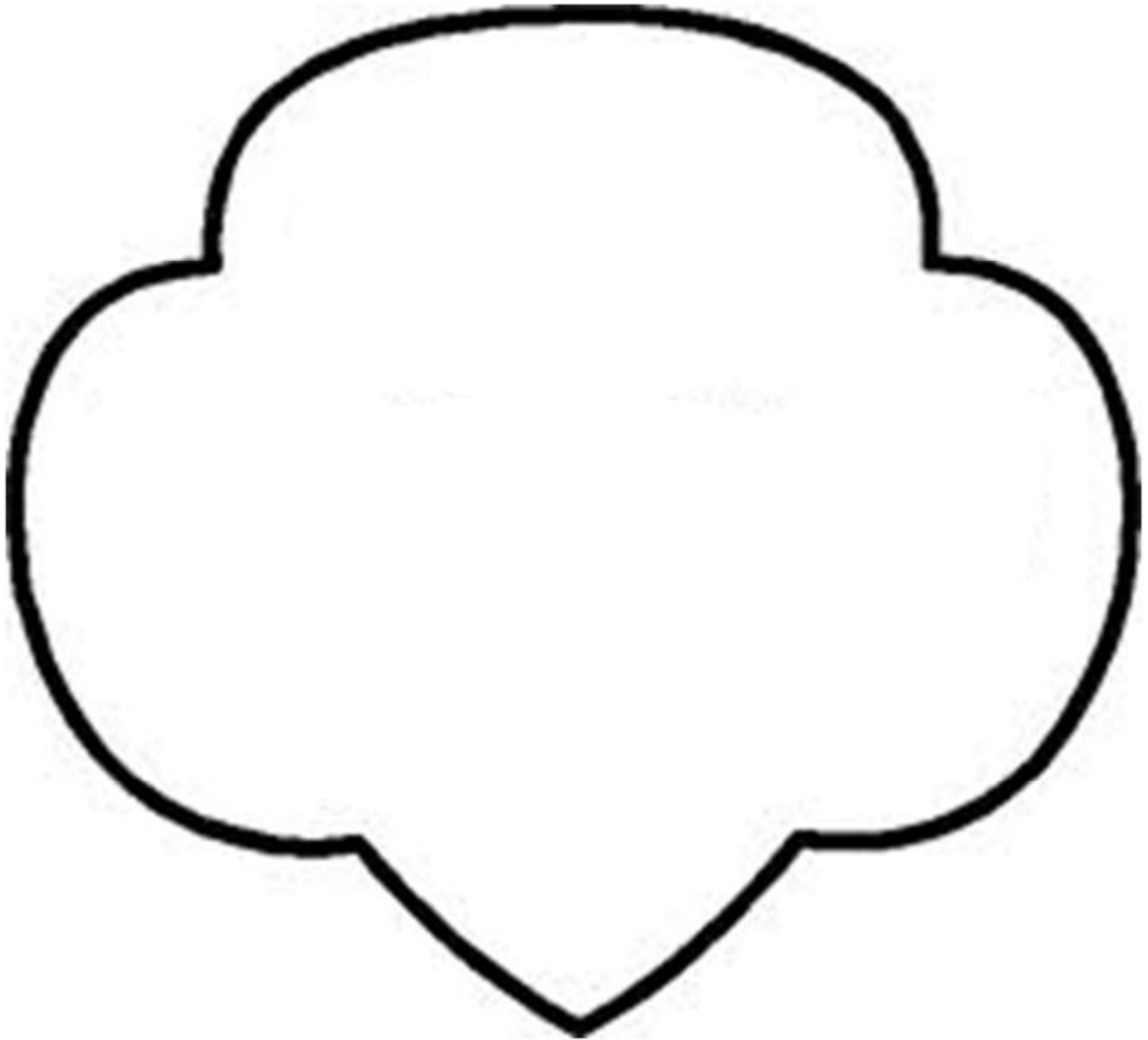
I'm a little...hands together, at side of face, head tilted  
Dressed...hands pick up hem of uniform smock/vest  
I am a Girl Scout...make the Girl Scout sign  
You are too...point to neighbor  
When I go...hands out, palms up  
I sing and shout...hands cup around mouth  
I love...point to heart  
Daisy Girl Scout...clap once on each word

## **Goodbye, Daisies**

(To the tune of "Good-night, Ladies")

Goodbye, Daisies  
Goodbye, Daisies  
Goodbye, Daisies  
It's sad to see you go.

**Front Side**



**NAME TAG TEMPLATE**

**Back Side**



## Meeting 2: Friendly and Helpful

### Meeting at a Glance

- ◆ **Goal:** Girls practice Girl Scout traditions, know how to be friendly and helpful, and learn how to stay safe.
- ◆ **Toward the Award:** Earn the Friendly and Helpful petal. Option: Earn the Safety Award
- ◆ **Supplies:**
  - Nametags
  - Pen and sign-in/sign-out sheet
  - Kaper chart
  - Girl Scout Daisy, *The Girl's Guide to Girl Scouting*
  - Girl Scout Promise visual
  - Extra Investiture Ceremony invitations
- ◆ **Prepare Ahead:**
  - Select a game to play
  - Also learn “My Name Is”
  - Make a copy of the sign-in/sign-out sheet
  - Invite a community helper (school nurse, doctor, paramedic, or firefighter) to talk about what they do (GGGS page 11)
  - Option: Ask the community helper to teach the three steps to earn the Safety Award (GGGS page 21)
  - Alternative: Make a mural based on Sunny's Story (GGGS page 10)

### Pre-Meeting

- ◆ Greet, sign-in, and put on nametags.
- ◆ Play a game
- ◆ Ask girls how they practiced being honest and fair since the last meeting.

### Opening

- ◆ Gather and welcome your guest community helper
- ◆ Review how to make the Girl Scout sign and how the three fingers represent the three parts of the Promise.
- ◆ Practice saying the Girl Scout Promise.
- ◆ Teach how to greet other Girl Scouts with the Girl Scout handshake (GGGS page 12)
- ◆ Practice the handshake and being friendly by greeting each other and saying, “My Name is...”
- ◆ Play, “My Name Is”
- ◆ Sing “Make New Friends” and either the “Girl Scout Daisy Song” or “I’m a Little Daisy.”

### Business

- ◆ In the Girl Scout Daisy Circle, review rules, assign kapers and talk about being helpful, and remind girls of the Investiture Ceremony.
- ◆ Introduce today's line of the Girl Scout Law: “Today we are going to learn about what it means to be friendly and helpful, and how to say safe.”



## Activity/Exploration

- ◆ Read “Sunny’s Story” and talk about it using the questions in the Girl’s Guide.
- ◆ Introduce the guest community helper and ask girls how they can practice being friendly and helpful to their guest.
- ◆ Ask the community helper to talk about what they do to help others. Encourage girls to ask questions.
- ◆ Option: The community helper teaches girls how to stay safe on their Daisy adventures following the steps to earn the Safety Award (GGGS page 21).
- ◆ Get in the Daisy Circle and say the first two lines of the Law (Lupe’s and Sunny’s lines).
- ◆ Congratulate the girls for earning their Sunny, Friendly and Helpful, petal and Safety Award and explain that they will receive the badge and pin at the Investiture Ceremony. In the meantime, they can use the Sunny, Friendly and Helpful, petal sticker and awards log in their Girl’s Guide..

## Clean-up

- ◆ Remind the girls of kapers and work together to leave the site better than you found it.

## Closing

- ◆ Form a Daisy Circle and ask girls to think of three ways they can be helpful at school or home during the next week. Then pick one thing to do and come prepared to share it at the next meeting.
- ◆ Explain that they will receive prepare for their Investiture Ceremony at the next meeting.
- ◆ Form a Friendship Circle, sing “Goodbye, Daisies,” and do a friendship squeeze.
- ◆ Collect nametags and sign-out.

## Options

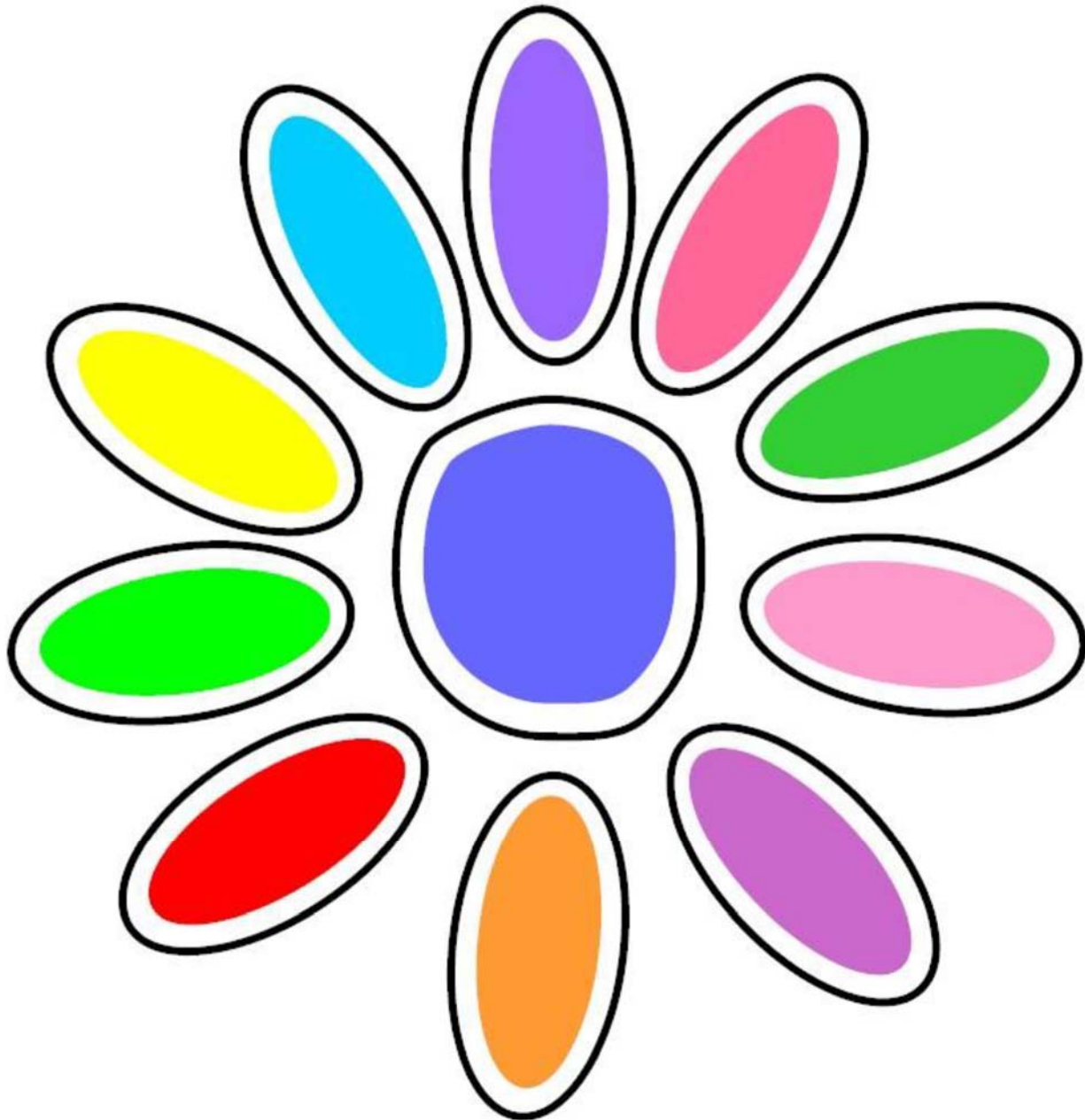
- ◆ Snack time (optional) of corn muffins or fruit salad (story tie-in)
- ◆ Take a nature walk and look for birds like the robin in the story or play an outdoor game.
- ◆ Draw what happened in the story or what they imagined happened at Buckley’s party.
- ◆ Earn the Safety Award

## Games, Songs, and Meeting Helps

### My Name Is

Girls sit in a circle or a number of small circles, depending upon the size of the group. One girl is asked to tell the group her name. She says, “My name is Kelly.” The girl on her left then says, “Her name is Kelly and my name is Maria.” The next girl then says, “Her name is Kelly, her name is Maria, and my name is Shanna.” This continues until the last girl in the circle tries to name all the girls in the group. If a girl cannot recall a name, others in the circle may help her.

# DAISY PETALS

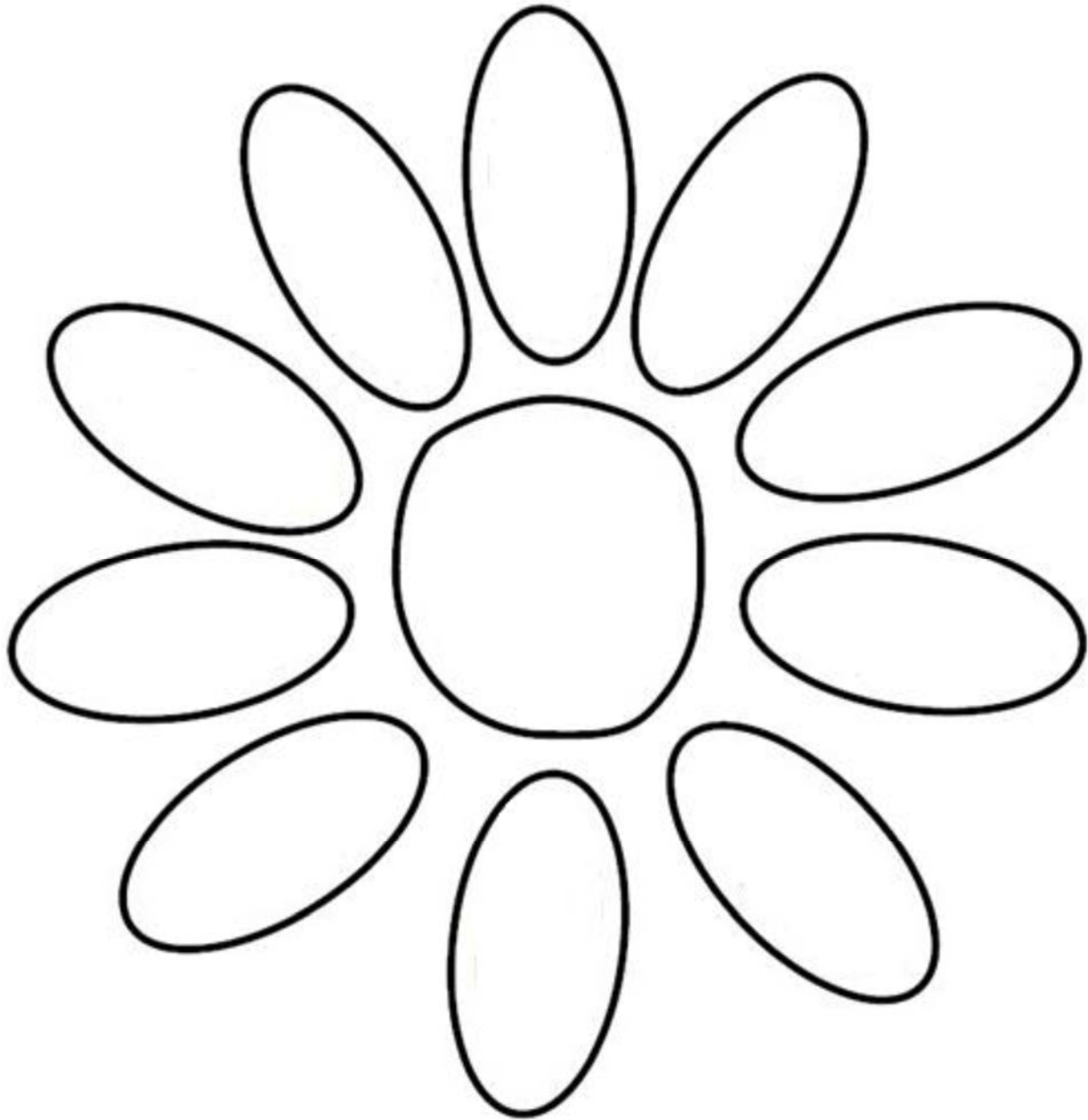


\_\_\_ Promise Center - Daisy Blue

- \_\_\_ Light Blue - Honest & Fair
- \_\_\_ Yellow - Friendly & Helpful
- \_\_\_ Spring Green - Considerate & Caring
- \_\_\_ Red - Courageous & Strong
- \_\_\_ Orange - Responsible for what I say & do

- \_\_\_ Purple - Respect myself & others
- \_\_\_ Magenta - Respect authority
- \_\_\_ Green - Use resources wisely
- \_\_\_ Rose - Make the world a better place
- \_\_\_ Violet - Be a sister to every Girl Scout

# DAISY PETALS



\_\_\_ Promise Center - Daisy Blue

- \_\_\_ Light Blue - Honest & Fair
- \_\_\_ Yellow - Friendly & Helpful
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- \_\_\_ Red - Courageous & Strong
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- \_\_\_ Magenta - Respect authority
- \_\_\_ Green - Use resources wisely
- \_\_\_ Rose - Make the world a better place
- \_\_\_ Violet - Be a sister to every Girl Scout

# Meeting 3: Considerate and Caring

## Meeting at a Glance

- ◆ **Goal:** Girls know how to be considerate and caring, and prepare for the Investiture Ceremony.
- ◆ **Toward the Award:** Earn the Considerate and Caring petal.
- ◆ **Supplies:**
  - Nametags
  - Pen and sign-in/sign-out sheet
  - Kaper chart
  - Girl Scout Daisy, *The Girl's Guide to Girl Scouting*
  - Girl Scout Promise visual
  - Paper, crayons, markers
  - Bell or timer
  - Supplies for selected flower craft
  - Thank you note
- ◆ **Prepare Ahead:**
  - Select a game to play
  - Select a flower craft (from the following page)
  - Pre-plan for the Investiture Ceremony

## Pre-Meeting

- ◆ Greet, sign-in, and put on nametags
- ◆ Play an active game
- ◆ Ask girls what they did to be helpful at school or home since your last meeting.

## Opening

- ◆ Gather and greet each other with the Girl Scout handshake
- ◆ Practice the Girl Scout Promise
- ◆ Explain that the girls' families are invited to the Investiture Ceremony and that it is good manners to introduce your friends to your family. Demonstrate how to introduce someone and have girls practice making introductions. "Lisa, this is my mother, Mrs. Olsen. Mom, this is my friend, Lisa."
- ◆ Sing "Make New Friends," the Girl Scout Daisy Song," or I'm a Little Daisy."

## Business

- ◆ In the Girl Scout Daisy Circle, review rules, if necessary, and assign kapers.
- ◆ Discuss what they would like to do at the Investiture Ceremony to show their families what they do in Girl Scouts (i.e., say the Girl Scout Promise, sing a song, do the "How Girl Scouts Got Started" Action Story, etc.) Practice.
- ◆ Talk about special kapers for the Investiture Ceremony (i.e., greeters, ushers, color guard, clean-up, etc.)
- ◆ Introduce today's line of the Girl Scout Law: "Today we are going to learn about what it means to be considerate and caring."

## Activity/Exploration

- ◆ Read “Zinni’s Story” and talk about it using the questions in the Girl’s Guide.
- ◆ Sit in circles of three and come up with different ways you can be considerate and caring. Share your ideas with the larger group.
- ◆ Set up tables with paper, crayons, and markers. Start drawing pictures. Ask an adult to ring a bell every five minutes. When the bell rings, trade whatever you are using to make your drawing with a Girl Scout Daisy sitting next to you. Have fun seeing how your picture changes as you share different supplies.
- ◆ In a Daisy Circle, share your pictures.
- ◆ Explain the practice of giving flowers to others who are sick, feeling sad, or having a rough day. Make flowers to take home and give to someone to show that you care about them. Explain that sending a thank you note is another way to show that you are considerate. Ask girls to sign a thank you note for the community helper that came to your previous meeting.
- ◆ Get in the Daisy Circle and say the first three lines of the Law up to Zinni’s line.
- ◆ Congratulate the girls for earning their Zinni, Considerate and Caring, petal and explain that they will receive the badge at the Investiture Ceremony. In the meantime, they can use the Zinni, Considerate and Caring, petal sticker and awards log in their Girl’s Guide.

## Clean-up

- ◆ Remind girls of kapers and work together to leave the site better than you found it.

## Closing

- ◆ Form a Girl Scout Daisy Circle and remind girls to give a pen to someone to show that they are considerate and caring.
- ◆ Form a Friendship Circle, sing, “Goodbye, Daisies,” and do a friendship squeeze.
- ◆ Collect nametags and sign-out.

## Options

- ◆ Snack Time (optional) of two different small snacks (Juice boxes, grapes, carrots, apple slices, crackers, etc.) with enough for two per person (story tie-ins). Ask girls to count how many snacks you have and how many snacks each Daisy can have if you want to be considerate and make sure everyone gets a treat.
- ◆ Play active games to practice being considerate and caring.

## Games, Songs, and Meeting Helps

### Make New Friends

Make new friends but keep the old;  
One is silver and the other gold.

The circle is round and has no end;  
That’s how long I want to be your friend.

## Flower Pens

*Supplies:* silk flowers (daisies or Flower Friend flowers), ballpoint pens, green florist tape, scissors, and a hot glue gun (adult supervision required).

1. Clip the flowers so that there is about 1-2 inches of stem.
2. Put a dot of hot glue on one side of the pen, near the top.
3. Press the flower's stem into the hot glue and hold in place for about 5 seconds, or until set.
4. Set aside to dry for about one minute (work on other pens during this time).
5. Starting at the top of the pen, wrap the pen with florist tape about half way down.
6. Place the 'flowers' in a little vase or pot to display.

## Daisy "Thinking of You" Cards

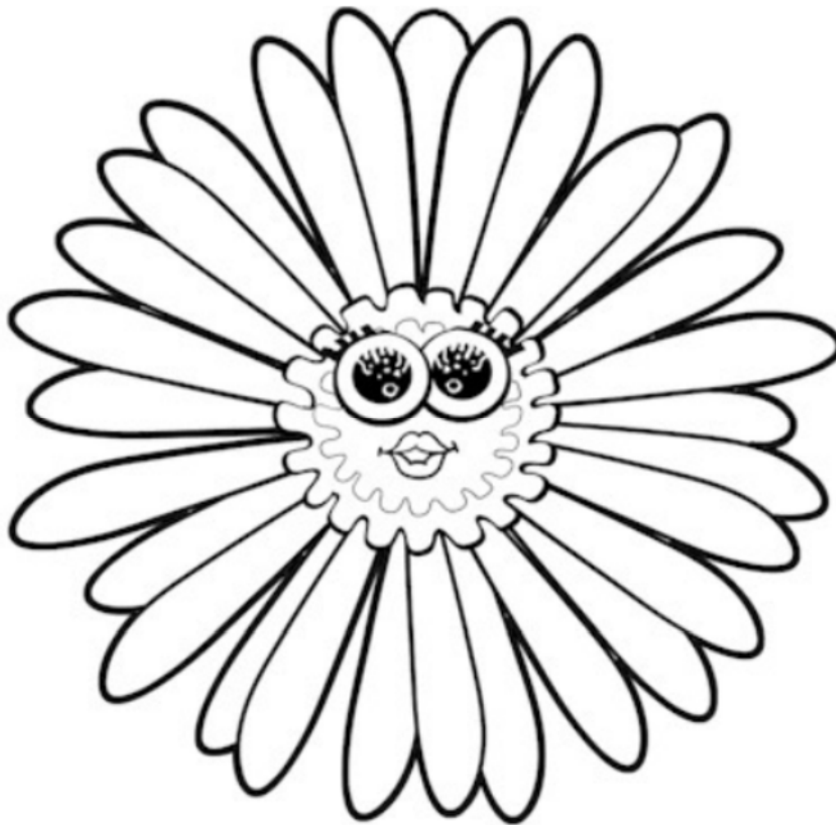
*Supplies:* Cardstock or blank cards, crayons, markers, stickers

*Instructions:* Create a pre-printed card or have girls draw on the card a smiling daisy with the words, "A Daisy Smile for You!" Color and decorate.

## Daisy Flower Friend

*Supplies:* Jumbo craft sticks, glue sticks, scissors, crayons, markers, copies of the daisy flower pattern.

*Instructions:* Print the daisy flower pattern. Color using crayons or markers. Cut around the daisy pattern following the black line. Finish by gluing the flower pattern on to the jumbo craft stick and let dry.



## Games, Songs, and Meeting Helps

### Going on a Bear Hunt Chant

(Repeat each phrase and slap thighs throughout)

Going on a bear hunt (repeat)  
I'm not afraid (repeat)  
Got a real good friend (children hug each other during this part...repeat)  
By my side (repeat)  
Oh, Oh (repeat)  
What do I see? (repeat)  
Oh, look! It's some tall grass! (repeat)  
Can't go over it (repeat)  
Can't go under it (repeat)  
Can't go around it (repeat)  
Got to go through it (repeat...rub hands together to sound like walking through tall grass)

Going on a bear hunt (repeat)  
I'm not afraid (repeat)  
Got a real good friend (children hug each other during this part...repeat)  
By my side (repeat)  
Oh, Oh (repeat)  
What do I see? (repeat)  
Oh, look! It's some tall tree! (repeat)  
Can't go over it (repeat)  
Can't go under it (repeat)  
Can't go around it (repeat)  
Got to climb up it (repeat and pretend to climb up the tree)

Going on a bear hunt (repeat)  
I'm not afraid (repeat)  
Got a real good friend (children hug each other during this part...repeat)

By my side (repeat)  
Oh, Oh (repeat)  
What do I see? (repeat)  
Oh, look! It's a wide river! (repeat)  
Can't go over it (repeat)  
Can't go under it (repeat)  
Can't go around it (repeat)  
Got to swim across it. (repeat and pretend to swim)

Going on a bear hunt (repeat)  
I'm not afraid (repeat)  
Got a real good friend (children hug each other during this part...repeat)  
By my side (repeat)  
Oh, Oh (repeat)  
What do I see? (repeat)  
Oh, look! A deep, dark cave. (repeat)  
Can't go over it (repeat)  
Can't go under it (repeat)  
Can't go around it (repeat)  
Got to go in it. (repeat, close eyes as you pretend to enter the cave)

Oh, oh! It's dark in here. (repeat)  
I feel something (repeat)  
It has lots of hair! (repeat)  
It has sharp teeth! (repeat)  
It's a bear! (children love to scream this part)

(At this point, increase the speed of your thigh slapping and swim back through the river, back and down the tree, back through the tall grass, till you get safely home and lock the door.)

I'm not afraid! (repeat)

# Section 6: Ceremonies for Girl Scout Daisies

## Girl Scout Ceremonies

Ceremonies play a very important role in Girl Scouting, and there are many opportunities to use them. A ceremony may welcome new girls into Girl Scouting (Investiture), observe a special Girl Scout day (Thinking Day Ceremony), may recognize accomplishments (Court of Awards), or may open or close a meeting (Flag Ceremony).

Troops may also design their own ceremonies around special occasions. Use ceremonies as often as you wish – just remember to let the girls help you plan them! Sample ceremonies are available in the Appendix of this packet.

Below are some tips to help you have a successful Girl Scout ceremony.

- ◆ Practice the ceremony in advance, but do not expect the girls to memorize every word.
- ◆ Invite guests to your ceremony when appropriate. The presence of relatives and friends can make the ceremony even more special for the girls.
- ◆ Try to include the Girl Scout Promise and Law in every ceremony.
- ◆ Set the right atmosphere for your ceremony: the setting, the music, and lighting can help.
- ◆ Balance the joy and the seriousness of the event.

## Suggested Dates and Occasions

### INVESTITURE

A ceremony to welcome new girls and adults into the Girl Scouting program. It is held anytime a person joins the Movement as a new member. **Note:** A person is invested only once in their lifetime.

### REDEDICATION

A ceremony for girls and adults who have already been invested at some time in their life. It is a time for them to reaffirm their belief in the Promise and Law and to reflect upon the meaning of Girl Scouting in their lives. It is usually held at the beginning of each Girl Scout year. **Note:** If a person rejoins the Movement after a period of absence, they are welcomed back at a rededication ceremony.

### FOUNDER'S DAY (Juliette Low's Birthday)

A ceremony and/or celebration held on or about October 31 of each year. It is a program to recognize the important role that Juliette Gordon Low played in the development of the Girl Scouting program in the United States.

### PATROL LEADER INSTALLATION

A ceremony at which time patrol leaders receive the double gold cords of their position. It is held each time new patrol leaders are selected.

### TROOP BIRTHDAY PARTY

A ceremony and/or celebration recognizing the anniversary date of the beginning of the troop.



### **WORLD THINKING DAY**

A ceremony and/or celebration held on or about February 22 each year. New members can receive the World Trefoil Pin and all Girl Scouts observe the international aspects of the Movement.

### **GIRL SCOUT'S BIRTHDAY**

A ceremony and/or celebration to mark the beginning of Girl Scouting in the United States, which is March 12, 1912.

### **GIRL SCOUT SUNDAY/SABBATH**

A ceremony held each year during Girl Scout Week – the week of March 12. It is a time for Girl Scouts to reflect upon the importance of the words "to serve God" in the Girl Scout Promise. Some religions observe Girl Scout Sunday on the Sunday beginning Girl Scout Week, while other religions observe the Girl Scout Sabbath on the Saturday ending Girl Scout week. People of the Jewish faith also call it Shabbat.

### **GIRL SCOUT WEEK**

Ceremonies and celebrations are held throughout the week of March 12 each year.

### **COURT OF AWARDS**

A ceremony to recognize the achievements of Girl Scouts. It is on this occasion that girls receive the insignia they have earned. This ceremony can be held any time during the Girl Scout year. At the last Court of Awards of the year, members can receive their membership stars.

### **FLY-UP**

A ceremony held at the end of the Girl Scout year for Girl Scout Brownies bridging to Girl Scout Juniors. It is at this time the girls receive their Girl Scout Brownie wings.

### **BRIDGING**

This ceremony is held for any Girl Scout moving up to a new grade level in the program: Girl Scout Daisies to Girl Scout Brownies, Girl Scout Brownies to Girl Scout Juniors, Girl Scout Juniors to Girl Scout Cadettes, Girl Scout Cadettes to Girl Scout Seniors, Girl Scout Seniors to Girl Scout Ambassadors, and Girl Scout Ambassadors to Adult Girl Scouts.

### **CAMPFIRE**

A ceremony and/or celebration held around a fire. The meaning of a campfire lies in the spirit of the program. It can unlock the spirit of mystery, romance, sisterhood, humor, and magic within the heart of each participant.

### **ADULT RECOGNITION**

An occasion at any time of the year when adults are recognized for their service to Girl Scouting.

### **GIRL SCOUT'S OWN**

It is a solemn time given over to the girls themselves to create a moment of their very own. A Girl Scouts' Own can be held at any time and can take place at a troop meeting, at an inter-troop gathering, or at camp.

### **OPENING**

A ceremony to begin a meeting or event.

### **CLOSING**

A ceremony to end a meeting or event.

## **FLAG**

A ceremony to recognize our allegiance to our nation or discard a worn flag. A flag ceremony can be held as part of a celebration. It can also be used to open a troop meeting as well as on a separate occasion.

# **Sample Girl Scout Daisy Investiture Ceremony**

The following are some ideas for a Girl Scout Investiture ceremony. Be sure to include ideas girls made in the Girl Scout Daisy Circle when they helped plan for the Investiture. The Girl Scout Daisy should have some understanding of the Girl Scout Law, and with your help, be able to recite the Girl Scout Promise.

Parents/Guardians should be invited to attend the event.

## **BEFORE THE CEREMONY:**

Ask each girl to choose a special adult to help during the ceremony. Practice parts of the ceremony, like reciting the Girl Scout Promise, but do not go through an entire “dry run.” This may spoil some of the girls’ enthusiasm for the real ceremony. Be sure everyone understands what she must do during the ceremony. Practice standing in a horseshoe with leaders at the center and girls on both sides. You might also prepare a construction paper daisy with a pin and the girl’s name on each petal or other easy ways to hand out the pins.

## **OPENING:**

The opening can be a song, the Girl Scout Promise, or special words by the adult volunteer to set the mood of the ceremony. For example, “Today is a very special day for us. It is the day when we receive our Girl Scout Daisy membership pins and officially become Girl Scouts. To do this, we each make a promise – the same promise that all Girl Scouts everywhere make. We hold up three fingers to remind us that our Girl Scout Promise has three parts: to serve God and our country, to be helpful to others and to try to be the best person we can by following the Girl Scout Law. Let us make the Girl Scout sign now and say our Girl Scout Promise together.”

## **MIDDLE:**

The middle of the ceremony should include presenting the Girl Scout Daisy pins. It could also include girls acting out part of the Juliette Low Story, singing songs, and other activities. Before presenting the pins, invite each girl’s special adult to join her for that part of the ceremony. Call each girl by name, one at a time, and invite her special adult to join her. Hand the pin to the adult and ask her/him to fasten it to the girl’s uniform or blouse on the left side, over the heart. Then give her the Girl Scout handshake.

## **CLOSING:**

The closing of the ceremony might include a song, a game, a friendship circle, or other activity in which everyone may participate. The adult volunteer may also say a few words: “Welcome to the world of Girl Scouting. We are looking forward to having fun together, making new friends, learning new things, and helping people. Wear your Girl Scout Daisy pin with pride, and remember the Girl Scout Promise you have made.”

## **Additional Idea:**

In many areas, there is a tradition of pinning the Girl Scout Pin or the Girl Scout Daisy Pin upside down in an Investiture ceremony. The girl must do a good deed in order to turn the pin right side up.

## Daisy Flower Ceremony

### Supplies:

- ◆ Flannel Board (piece of cardboard covered with flannel or felt)
- ◆ Girl Scout Promise and Law
- ◆ Flower parts cut from felt – 1 green stem, 2 green leaves, 1 yellow center, 10 white petals
- ◆ Girl Scout Daisy pins
- ◆ Certificates (if you have made any)

**Adult Volunteer reads the following story and has girls place the flower parts on the flannel board to form a daisy.**

Juliette Gordon Low, whose nickname was Daisy, founded Girl Scouts in 1912. Since that time millions of girls have made the Girl Scout Promise, and followed the Girl Scout Law.

Just as a flower lives and grows, so does each girl in Girl Scouting. Let us watch our special flower grow and see how it develops.

First is the **stem**, a stem carries life to a flower. In this flower, the Girl Scout Promise is the lifeline. The stem also represents the adult volunteers who nurture each girl.

Next, we have the **leaves**, the first signs of growth. One leaf stands for the **Girl Scout Motto**, “*Be Prepared,*” and another leaf stands for the **Girl Scout Slogan**, “*Do a good turn daily.*”

Now comes the beauty of our flowers, the **petals**, and we have ten of them, one for each part of the Girl Scout Law. (Girls place a petal on the flannel board as each part of the **Girl Scout Law** is read).

Now as we place the golden center of our flower in place, let us say the **Girl Scout Promise** together. Leaders then pin the Girl Scout Daisy pin on each girl (left side of their vest/tunic).

Now let us complete our “Daisy” and form a circle, which symbolizes the ever-widening circle of Girl Scout Friends. Let us all join in singing “Make New Friends.”

# Traditional Candlelight Investiture/Rededication Ceremony

Before and/or after the investiture/rededication portion of the ceremony a troop may choose to have a flag ceremony, sing a song, etc. However, the investiture/rededication should be the main part of the ceremony.

## Supplies:

- ◆ 14 candles (three for the Girl Scout Promise, 10 for the Girl Scout Law and one to light all other candles)

The Troop stands in horseshoe formation around a table with ceremonial candles. Open end of the horseshoe should be towards the audience.

The Adult Volunteer or one of the girls begins the ceremony by explaining the meaning of “investiture” and/or “rededication” and the symbolism of the tree candles for the Girl Scout Promise and ten candles for the Girl Scout Law.

The participating girls and/or adults begin to light the candles. This is shown by the \*. One candle is lit for each part of the Girl Scout Promise and the ten parts of the Girl Scout Law. The number of participants will determine how many candles each girl/adult lights. If you need more “parts,” consider having one girl speak and one girl light the candle.

1. The Girl Scout Promise: On my honor, I will try \* (this is the candle used to light all others)
2. To serve God and my country\*
3. To help people at all times \*
4. And to live by the Girl Scout Law. \*
5. The Girl Scout Law: I will do my best to (no candle lit)
6. Be honest and fair \*
7. Be friendly and helpful \*
8. Be considerate and caring \*
9. Be courageous and strong, and \*
10. Be responsible for what I say and do. And to \*
11. Respect myself and others \*
12. Respect authority \*
13. Use resources wisely \*
14. Make the world a better place \*
15. Be a sister to every Girl Scout. \*

**Leader:** “At this time the girls of Troop # \_\_\_\_\_ will rededicate themselves to the service of Girl Scouting.”

- ◆ All returning members are called forward. They repeat the Girl Scout Promise and are welcome back to the troop by an adult member with the Girl Scout Handshake. They then return to the horseshoe.

**Leader:** “Now our new members will be invested into Girl Scouting.”

- ◆ Leader, or one of the rededicated girls, calls each new girl and adult forward.
- ◆ Each new member then repeats the Girl Scout Promise and receives their Girl Scout Daisy Pin and Promise Circle.

## Bridging to Brownies Ceremony

*This ceremony is held at the end of the last year of the Girl Scout Daisy program as Daisies bridge to Girl Scout Brownies.*

### Supplies:

- ◆ Bridge (check with your local service center)
- ◆ Membership stars with blue disc
- ◆ Bridging to Brownies patches
- ◆ Girl Scout Brownie troop and adult volunteers

Girl Scout Daisies stand on one side of the bridge with their leaders, while the Girl Scout Brownies stand on the other side of the bridge.

### Girl Scout Daisy Adult Volunteer:

Girl Scout Daisies here we stand,  
To let you leave for Brownie Land.  
Your friends and fun remain with you,  
To remember your Daisy years are through.

### Girl Scout Daisies form a single line near the bridge and Adult Volunteer says:

Girl Scout Daisies you are about  
To become Girl Scout Brownies.  
In your troop you will soon find  
Girl Scout Brownies as true and kind.

### Give each girl a Membership star and disc.

We've had lots of fun and learned these too,  
But now it's time to bid adieu.  
Cross over now to your new group,  
We know you'll love your Brownie troop!

### Girl Scout Brownie Adult Volunteer:

The wise old owl has said to you  
Wish to become a Brownie True.  
So he sent a Brownie to take your hand,  
And lead you into Brownie land!

Girl Scout Daisies cross over the bridge and a Girl Scout Brownie meets each girl on the other side, takes her hand and leads her to the Girl Scout Brownie group.

After all the Girl Scout Daisies have crossed over the bridge, they join hands and the Girl Scout Brownie Adult Volunteer welcomes the Girl Scout Daisies to Girl Scout Brownies. The Girl Scout Brownie troop then teaches the new Girl Scout Brownies the "Brownie Smile Song."

# Ceremony Planner Form

<b>Purpose of Ceremony:</b>	<b>Theme of Ceremony:</b>		
<b>When will it take place?</b>	<b>Where will it take place?</b>		
<b>Who will be invited?</b>			
	<b>Activities</b>	<b>Props</b>	<b>Who's Responsible</b>
<b>Before Ceremony:</b>			
<b>Opening:</b>			
<b>Main Part:</b>			
<b>Closing:</b>			
<b>Evaluation:</b> What did the girls see?  What did they hear?  What did the girls like?  What did they not like?  What did they learn?  What would they change for next time?			

# Section 7: Songs, Crafts, Games, Snacks

## Songs for Girl Scout Daisies

### Sandy's Song for Girl Scout Daisies

(Welcome to the Daisy Flower Garden Adult Guide pg. 75)

I'm a Girl Scout Daisy! Take a look at me.  
I'm a Girl Scout Daisy, happy as can be  
We're having fun and sharing, each and every day.  
I'm a Girl Scout Daisy, Hip, Hip, Hurray!  
I'm a Girl Scout Daisy! Take a look at me.  
I'm a Girl Scout Daisy, happy as can be  
I'm going on a journey, with friends along the way.  
I'm a Girl Scout Daisy, Hip, Hip, Hurray!

### Daisy Gathering Song

(Tune of "Hark the Herald Angels Sing")

Take my hand and form a chain,  
Down a magic Daisy lane.  
Smile a friendly smile and say,  
May I help someone today.

### I'm a Little Daisy

(Tune of "I'm a Little Teapot")

I'm a little Daisy, dressed in blue  
I am a Girl Scout, you are too!  
When I go to meetings, I sing and shout  
I love being a Daisy Girl Scout!

#### **Motions:**

I'm a little Daisy – hands together, at side of face  
with head tilted.

Dressed in blue – hands pick up the hem of the  
uniform

I am a Girl Scout – make three finger sign

You are too – point to neighbor

When I go to meetings – hands out and palms up

I sing and shout – hands cup around mouth

I love being a - point to heart

Daisy Girl Scout – clap once on each word

### Girl Scout Daisy Song

(Tune of "Clementine")

I'm a Daisy, Girl Scout Daisy  
And I'll tell you something too,  
I'm a loyal lil' Girl Scout  
And my color is true blue.

### Daisy Scout Song

(Tune of "Twinkle, Twinkle Little Star")

Daisy Scouts are bright and gay.  
See us work, and see us play.  
We can dance, and we can sing.  
We can do most anything.  
We have fun, and help each day.  
Daisy Scouts are here to stay.

### I'm A Girl Scout

(Tune of "Brother John")

I'm a Girl Scout. I'm a Girl Scout.  
Who are you? Who are you?  
Can't you tell by looking?  
Can't you tell by looking?  
I'm one too. I'm one too.

### Daisy Clean Up Song

(Tune of "Jingle Bells")

**Leader:** Daisy Scouts, Daisy Scouts,  
Let's tidy up the room.  
Daisy Scouts, Daisy Scouts,  
Time to go home soon.

**Girls:** Daisy Scouts, Daisy Scouts,  
We're picking up our things.  
Daisy Scouts, Daisy Scouts,  
Hear our voices sing.

## Make New Friends

Make new friends and keep the old,  
One is silver and the other gold.  
A circle is round, it has no end,  
That's how long I want to be your friend.

## Daisy Happy Face Song

(Tune of "Brownie Smile Song")

I've something in my little hand  
that you just cannot see...,  
It's very, very special  
And it's now a part of me.  
The Daisy Girl Scouts showed me how  
To put it into place...,  
And when I clap my little hands,  
You'll see my HAPPY FACE!

### Motions:

**First line** – cup both hands together, palms together.

**Second line** – bring cupped hands to chest over heart.

**Third line** – open hands and cover face with open hands.

**Fourth line** – clap on the word clap, and make a motion outward with palms u.

## Girl Scout Spirit

I've got that Girl Scout Spirit, up in my head,  
Up in my head, up in my head.  
I've got that Girl Scout Spirit, up in my head,  
Up in my head to stay.  
#2 Deep in my heart  
#3 Down in my knees  
#4 Down in my toes  
#5 All over me



# Crafts for Girl Scout Daisies

## Girl Scout Daisy Crown

### Supplies for each crown:

- ◆ 5 silk daisies with leaves
- ◆ Drinking straws
- ◆ Low Temp Glue Gun
- ◆ 2 Chenille Stems
- ◆ Scissors
- ◆ White and Yellow Curling Ribbons



### Instructions:

1. Twist the ends of two chenille stems together so you have one stem 22" in length.
2. Cut the daisy heads off the stems. Slide the leaves off the stems. Cut drinking straws in ½" sections and hot glue a piece onto the back middle of each daisy head.
3. Have each girl slide her double length chenille stem through the straw piece glued to one daisy head. Next slide on a leaf set. These will have holes in them already. Then one daisy, one leaf, one daisy, one leaf, etc. Push the daisies and leaves together and slide them to the middle.
4. Bend chenille stem into a loop and twist ends together to form a crown. Cut curling ribbon into 6' lengths. Tie to the back of the crown and curl with scissors. These curls will hand down the girl's back when she wears the crown.

**Leader Tips:** Prepare the daisies before the meeting by gluing pieces of straws to the backs.

## Daisy Kindness Keeper

Every time your Girl Scout Daisy does a good, she glues on a flower. Each flower represents one of the petal colors! When all done, she can make her Kindness Keeper into a crown or belt.

### Supplies:

- ◆ Foamie Daisies
- ◆ Clothespins
- ◆ Gemstones
- ◆ White Craft Foam
- ◆ Hole Punch
- ◆ Scissors
- ◆ Tacky Glue
- ◆ Satin Cord

### Instructions:

1. Cut two strips of white craft foam 1 ½" x 12". Glue ends together to make one long piece.
2. Round the ends and punch a hole in each end.
3. Have your Girl Scout Daisies hang them from a door or cabinet. Each time she does a good deed, she can glue on a flower.
4. Use a clothespin to keep it in place while drying.
5. Have the girls bring their finished Kindness Keepers to the next meeting. Glue a gem on the middle of each flower.
6. Make them into a crown by stapling ends together or a belt by tying a string through the end holes.



# Games for Girl Scout Daisies

## Animal Games

### **What Animal Made That Sound?**

Play various animal sounds from a tape and let your children identify what farm animals make that sound. For further reinforcement have them match the sound with a cutout or figurine of the animal.

### **Where's the Bone?**

All the children are sitting in a circle. One stands in the corner and counts to ten doggy biscuits. Meanwhile one of the children in the circle is given a bone to sit on. All the children chant: "Doggie, Doggie where's your bone, somebody stole it from your home. Guess who?" Then the child has three guesses to find which child is sitting on the bone. Then the cycle continues until everyone had had a turn to be the guesser.

### **Hidden Treasure**

Get a small bucket or trough and fill it partially with water. Then fill it with seaweed or other sea vegetation. Hide small treasures on the bottom of the bucket and let your children search for these items. Warning: This is very messy and fun!

## All About Me Games

### **Body Part Musical Squares**

Put one square on the floor for each child. Place the squares randomly throughout the room. The game begins with each child standing on a square. Start playing music and have the children move around the room in a way that you state (crawl, walk backwards, hop, etc.). When the music stops the children must return to their square and touch a body part (knee, elbow, foot, etc.) that you call out.

## Friendship Games

### **Friend Musical Movement**

Put stickers on all of your children; have them dance around with music until you stop the music. At that point they have to find their friend with the matching sticker.

### **The Friend Like Me**

Have your entire troop stand up. Choose one child and name an attribute of that child (brown hair). All the children with brown hair remain standing, while the others sit down. Next, choose another attribute and continue the game until you have the friend that is most similar.

## Musical Games

### **Xylophone Music**

Make a xylophone by taking glass tumblers, glasses, or small jars and filling them with different levels of water (ranging from full to empty). Let the girls make music by tapping on the glasses with a spoon (wooden or metal). You may also be able to borrow a real xylophone from a local music store, school or parent.

### **Freeze Dance**

Have the girls dance to music. When you turn off the music and yell "FREEZE", the girls have to stop and hold the position they are in until the music starts again. If a girl moves, she gets to become your helper and look for other girls who accidentally move when the music is stopped. Play until there is one girl left dancing.

## The Story of Juliette Low

Divide the group into eight smaller groups. These will be Little Girls, Juliette Low, Georgia, Horses, London, Lord Baden-Powell, Boy Scouts, and Girl Scouts.

### Sound Effects

Little Girls	Stand and giggle
Juliette Low	Curtsy and say “Be my friend”
Georgia	Say “Hey, y’all!”
Horses	Say “Neigh!”
Lord Baden-Powell	Bow formally and say “How do you do?”
London	Sing “London Bridge is falling down”
Boy Scouts	Make the Scout Sign (two fingers) and say “Be Prepared!”
Girl Scouts	Sing one line of “Girl Scouts Together”

One upon a time there was a **Little Girl** name **Juliette Low** who lived in **Georgia** and loved to ride **horses**. After she grew up, she went to **London** where she met **Lord Baden-Powell**, who founded the **Boy Scouts**. She was fascinated by the work he was doing. She studied with him for a while and decided to form a troop of **Girl Scouts** and for her little friends who like to ride **horses** in **Georgia**. So **Juliette Low** said goodbye to the **Boy Scouts** in **London** and came home with ideas that **Lord Baden-Powell** gave her. She formed a group of **Little Girls**, who liked to ride **horses** and be together, into a troop of **Girl Scouts**. And they loved it so much that the idea spread and now there are troops all over the world.

## Additional Games

### Daisy Mix

Call out ways Girl Scout Daisies can get together. The girls move around and mix with each other. Conclude with some idea that brings the whole group together, i.e. “Everyone who can say the Girl Scout Promise.”

Get together with everyone who:

- ◆ Has blue eyes
- ◆ Has the same color of socks
- ◆ Wears glasses
- ◆ Likes to color
- ◆ Has a birthday this month
- ◆ Likes chocolate milk

### Daisy to Daisy

Each Girl Scout Daisy should choose a partner and introduce themselves. The leader yells out “elbow to knee” or whichever appropriate two body parts they choose. This would mean that one Girl Scout Daisy would put their elbow on their partner’s knee. Then the leader may say “thumb to head.” While still holding “elbow to knee” one Girl Scout Daisy must place their thumb to the other’s head. The leader continues to call out various instructions.

Whenever the leader wishes, they may say “Daisy to Daisy.” This means that everyone finds a new partner and introduces themselves. Whoever is left without a partner is the new speaker and can begin yelling out new directions. If needed there may be one group of three.

## Snacks for Girl Scout Daisies

### MIX

#### Ingredients:

- ◆ 1 cup Pretzels
- ◆ 1 cup Chex Mix
- ◆ 1 cup nuts (optional)
- ◆ 1 cup M and M's



**Instructions:** Mix all ingredients together and eat.

### ANTS ON A LOG

#### Ingredients:

- ◆ 1 celery stick per person
- ◆ Peanut Butter
- ◆ Raisins



#### Instructions:

1. Spread peanut butter on celery sticks.
2. Dot the peanut butter with raisins.

### UNCOOKED BROWNIES

#### Ingredients:

- ◆ 4 squares semisweet chocolates
- ◆ 1 small can of condensed milk
- ◆ 1 lb. box of vanilla wafers
- ◆ Wax paper



#### Instructions:

1. Melt the chocolate. Add milk.
2. Heat and stir until smooth.
3. Crumble vanilla wafers.
4. Add to chocolate/milk mixture.
5. Mix well.
6. Drop on wax paper. Let harden.

### SALAD ART

#### Ingredients:

- ◆ Various types of fruits, vegetables, and/or cheese
- ◆ Cookie Cutters

#### Instructions:

1. Slice the fruits, vegetables, and cheeses very thinly.
2. Use cookie cutters to cut shapes.
3. Arrange shapes on a bed of greens to make a design or a picture.



## Commonly Asked Questions

### 1. When should I pass out patches?

You can pass out the badges, patches or earned awards any time. Some leaders like to give them out right after the meeting where the girls have earned them. Some leaders wait until the end of the year and give all the recognitions earned at a ceremony. But, girls may have trouble remembering when and how they earned something eight months before, so several ceremonies during the year could be appropriate. Ask the girls what they prefer and see if you can come up with a system that works for everyone.

### 2. We are a new troop and have no money.

When starting a new troop you will not have any money, but do not be discouraged. It is common for a leader to charge dues or an activity fee. This is something that can be discussed at the first parent meeting.

Dues	Activity Fee
<ul style="list-style-type: none"> <li>Collecting a set amount at each meeting (girls bring \$2 to each meeting)</li> </ul>	<ul style="list-style-type: none"> <li>Asking the parents to pay a set amount at the beginning of the year (15 meetings x \$2.00 per meeting = \$30 paid at one time)</li> </ul>
Pros	Pros
<ul style="list-style-type: none"> <li>Girls learn responsibility by bringing money to each meeting</li> <li>Easiest on the parents - pay a little at a time</li> </ul>	<ul style="list-style-type: none"> <li>Easy for leaders to track</li> <li>Easy for parents to pay all at once</li> <li>Leaders can plan activities for the year by knowing how much money they have</li> </ul>
Cons	Cons
<ul style="list-style-type: none"> <li>Not a lot of money to work with since it is coming in a little at a time</li> <li>Leader has to keep track of it since the girls often forget</li> <li>Some families may find even that small amount a hardship</li> </ul>	<ul style="list-style-type: none"> <li>Can be a lot of money upfront for some parents</li> <li>What if a girl drops out of the troop - do you offer a refund?</li> </ul>

### 3. Does every troop have to open a bank account?

Every troop must set up a bank account. See *Volunteer Essentials* for specifics on opening the troop bank account.

Here are a few tips to remember about the bank account:

- Every troop account must have **two non-related** troop representatives as well as **two council signers**, Pam Kovacevich, CEO, and Kim Streib, CFO.
- Depending on the bank's policy, you may need some money to start a bank account. At the first parents' meeting ask the parents for dues or the activity fee so you have some money to open an account.

- If you need to reimburse yourself, have the other signer on the account sign the check. Never write a check to yourself!
- Never use an ATM to retrieve money.
- Report any changes to your bank account immediately! That includes but is not limited to account numbers or signers changing.

#### 4. Can the troop do a money earning project?

Girl Scouts of Central & Central NJ offers two product sale activities every year.

- Girl Scout Fall Product Activity
- Girl Scout Cookie Activity sale

#### 5. What should the money be spent on?

- Money is to be spent on the troop. Ask the girls what they would like to do (community service projects, crafts, a council sponsored activity, camping, etc.).
- Money can also be spent on general supplies – crayons, scissors, postage stamps, gas for field trips, etc.
- Most troops will pay for the badges that are earned during troop meetings. Additional badges earned by individuals at home can be paid by the parents.
- The troop can also pay for leader trainings such as First Aid/CPR certification.
- **Remember, the money is not an individual girl's, but it is the troop's money.**

#### 6. We had a great cookie sale! What should we do with the money earned?

The troop account should be spent during the membership year.

- Money can be used for an end of the year trip.
- Pay for next year's membership registration.
- Purchase uniforms, books, badges, program fees, etc.

#### 7. Worried about money for the next year?

Troops can participate in the Fall Product Activity to boost their bank account.

#### 8. Should my troop do a community service project?

Yes! Community service is a large part of Girl Scouting. Even Girl Scout Daisies can do service projects. Projects should be girl-led to help provide support to organizations the girls feel passionate about.

#### 9. A field trip sounds like fun! Tell me more.

Most troops find an end of the year field trip a good way to conclude the year and spend troop funds. Remember, trips are like all other projects and must be grade level appropriate.

- Girl Scout Daisies enjoy traveling to a children's museum or zoo.
- Girl Scouts of Central & Southern NJ also has many programs that are appropriate for Daisies. Check the website for upcoming activities.

With any trip be sure to communicate plans with your Service Unit Specialist. They are a great resource and will coach you through the planning. Do not forget, if you will be traveling outside of the GSCSNJ jurisdiction, participating in high risk activities, or having an overnight, a **Trip Approval Form** is required.

For more information, check out *Volunteer Essentials*.

## 10. Should I make a budget for the troop?

No, a budget is not necessary, but planning ahead and keeping records of finances is important. Be sure to keep all receipts! Although you do not need to turn them in, it is important to know what you are spending money on. Do not forget to share troop finances with the parents. At the end of the year, you are required to report troop finances to the council.

## 11. Should I get the girls' families involved in the troop?

Absolutely! It is important for leaders to have support from the parents. We encourage new leaders to get the parents involved early.

Below are a few ways to get parents involved and ease the load on you, the leader.

- Start the year with a parent meeting and let the parents know how to get involved.
- Encourage parents to stay at the meetings. You can always use extra hands.
- Start a troop newsletter. It does not have to be fancy, just a reminder about upcoming meetings and events.
- Ask the parents what skills or hobbies they have. Have the parents plan a meeting where they teach the girls that skill.
- Have family events such as a bowling party or end of the year bridging ceremony.
- If a parent cannot attend a meeting, ask that they plan an overnight, chaperone a trip, or organize the cookie activity for the troop.

## 12. How many adults do I have to have at a meeting?

Adult help is required. Refer to the table on page 17 for the girl to adult ratios.

## 13. Does my troop need to complete all three Leadership Journeys in the 2 years they are Girl Scout Daisies?

No. You can do as much or as little as the girls decide they would like to do.

## 14. If I ask my parents to purchase just one book, what should it be?

*The Girl's Guide to Girl Scouting.* It includes information regarding petals, special awards, scrapbook, and so much more.

## 15. I think I am ready! What is my first step in getting the troop started?

Girl Scouts of Central & Southern NJ encourages you to host a meeting for parents to start the troop. Call the girls or send out flyers through your school or organization to all interested girls to let them know about the parent meeting. Your Service Unit Team can help you with this process. You can host the parent meeting wherever you feel comfortable (a library, a church, or a school). Refer to **Section 4** in this resource for guidelines of a parent meeting.

## 16. Who do I call for additional questions?

Your Service Unit Team is your link to the council! GSCSNJ is comprised of 58 Service Units. Each Service Unit has a Service Unit Manager(s) who oversees and manages the leaders in that area.

Below is a brief overview of how Service Unit Team Members will assist you.

- Process any paperwork or forms.
- Train and assist in all product sales.
- Host fun and informational meetings for volunteers.
- Answer any questions you have about Girl Scouts.

## Organizational Tips

Girl Scout Leader's must deal with many things: paperwork, supplies, parents, training, meetings, transportation, and most importantly – the girls. Here are a few Girl Scout Troop Organizational Tips to help make this job a little easier.

### Girl Scout Troop Binder with Dividers

1. Troop Roster
  - Phone list and email addresses
2. Meeting Notes
  - Calendar
  - Results of girl/adult planning sessions
3. Individual Records
  - Girl Registration forms
  - Girl Insignia Record form (one per girl)
  - General Health form – allergy's (one per girl and adult)
  - Adult Registration forms
4. Information
  - Accident Report form
  - Trip Approval form
  - Safety Activity Checkpoints
5. Financial Records
  - Group Dues and Attendance Record form
  - Detailed Cash Record form
  - Financial Aid form
  - Annual Finance form
  - Envelope for receipts
6. Parent/Guardian Information
  - Parent Newsletters
  - Permission forms
  - Who signed up for what



## Girl Scout Troop File Box

- ◆ One file folder for each girl

Keep an emergency information card with contact information for the parents and emergency contact person inside each folder.

- ◆ File folder for the leaders/volunteers

Girls and parents/guardians can put signed permission forms, notes, etc. in the leaders' folder. It is also a good idea to have a folder for small envelopes so parents can leave money and checks. (They seal the envelope and write their daughter's name on the front).

## Survival Kit for Leaders

Despite all your hard work, some plans may go awry at the very last minute. Success as a Girl Scout volunteer requires any number of intangibles – for example, a sense of humor, patience, and loads of caring. But there are some tangible items that will make your experience more relaxed and enjoyable. Put the following in a tote, backpack, or a tote bag and take it to every Girl Scout meeting, outing or event. If the girls finish their activities early, they can start something new rather than just sitting around. Also, if an activity falls through at the last minute, you will be able to create a new one using the items in your kit.

- ◆ Basic first aid kit (see Safety Activity Checkpoints)
- ◆ Pencils, crayons, markers, colored pencils
- ◆ Large tablet, construction paper, ruled paper, index cards, post-it pads
- ◆ String, ribbon, cardboard, postcards, used greeting cards, and other collage materials
- ◆ Grade-appropriate books (Girl's Guide to Girl Scouting, Journey books with corresponding adult guide, magazines, flashcards)
- ◆ Balls and jump ropes
- ◆ Board games – jacks, cards, checkers
- ◆ Child-sized scissors, glue, glue sticks, tape
- ◆ Coloring pages

If you keep this kit handy during meetings, girls who complete activities early can start something new rather than just sitting around. Also if an activity falls through at the last minute, you will be able to create a new one using the materials in your kit.

## Top Five Tips for Girl Scout Leaders

1. Use your Safety Activity Checkpoints and consult the guidelines for your upcoming meeting or outing.
2. Encourage the girls to partner with you. Girls should be growing in their decision-making and planning skills. The more invested they become in their activities, the happier they and you will be.
3. Ask for help and advice from other leaders, parents, and council staff and take advantage of the learning opportunities.
4. Keep in mind the Girl Scout Promise and Law and that the three Keys of Leadership are the foundation of all Girl Scout activities.
5. Have FUN! And do your best to ensure that the girls are having fun, too!

# Troop Planning Calendar

**PLAN AHEAD:** The following is a monthly calendar that may be helpful as you work with the girls to plan activities. Be sure to check your council and Service Unit calendars for upcoming events and activities

<b>SEPTEMBER</b>	<b>OCTOBER</b>	<b>NOVEMBER</b>	<b>DECEMBER</b>
<p>Register for Girl Scouts Parent/Guardian Meeting</p> 	<p>Juliette Low's Birthday (31<sup>st</sup>) Fall Product Sale Investiture</p> 	<p>Service Project Thanksgiving</p> 	<p>Holiday celebration Catch a snowflake</p> 
<p style="text-align: center;"><b>JANUARY</b></p> <p>Cookie Sale Winter outing</p> 	<p style="text-align: center;"><b>FEBRUARY</b></p> <p>Thinking Day Activity with sister troop (22<sup>nd</sup>) Games from other countries</p> 	<p style="text-align: center;"><b>MARCH</b></p> <p>Celebrate Girl Scouts' Birthday Girl Scout Week</p> 	<p style="text-align: center;"><b>APRIL</b></p> <p>Prepare for bridging Spring holiday</p> 
<p style="text-align: center;"><b>MAY</b></p> <p>Court of Awards Bridging Ceremony for First Graders</p> 	<p style="text-align: center;"><b>JUNE</b></p> <p>School's out Day Camp</p> 	<p style="text-align: center;"><b>JULY</b></p> <p>Summer program opportunities, trips, hikes, sports, cookouts</p> 	<p style="text-align: center;"><b>AUGUST</b></p> <p>Get ready for another Girl Scout year!</p> 



## Sample "Snack Box" Note



**SNACK TIME!**



Dear Parent or Guardian,

Your daughter is scheduled to supply the snack and drink for the troop meeting on \_\_\_\_\_ . Please include disposable cups and napkins with the snack. Let your daughter decide what she would like to serve for snack. There are \_\_\_\_\_ girls and \_\_\_\_\_ adults in the troop.

🍀 Because of identified food allergies, please do not send:

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🍀 **Helpful Hints:** When sending the drink, please do not send water in the snack box. Pre-sweetened Kool-Aid works great, however, if you would like to send the unsweetened kind, please remember to include the sugar. We can mix the Kool-Aid at the meeting. If you are not a Kool-Aid fan, try those little box drinks or whatever else your daughter and you decide on. I am sure we will enjoy whatever you choose. Please be sure to include enough snacks for everyone. The girls really enjoy serving the leaders and we get hungry too. If at all possible, please try to line the snack box with foil so that we can keep it clean and use it all year long.

If you have any questions, please feel free to contact me at:

(\_\_\_\_) \_\_\_\_\_

**THANKS!**

Ms. \_\_\_\_\_ and the girls.

# Sample Parent Letter

## Girl Scouts – Troop 1319

### Parent Handout

1-24-2012

#### **Meeting Details – What We Did Tonight**

- Recited the Girl Scout Promise.
- Read a story.
- Introduced Kaper Chart - Girls will have jobs to do throughout our meetings.
- Discussed our Girl Scout Rules.
- Discussed “words that hurt” and “nice words”. Activity:
  - Girls drew a picture of themselves and crumpled the picture into a ball.
  - Smoothed out the picture and noticed all the wrinkles.
  - Leaders explained that when you say something mean to someone, it will always leave a mark.
- Discussed Chore Chart: Girls have received a chore chart to complete chores at home over the next two weeks. We have provided stickers. If the girls bring back their completed chore chart (with at least 14 stickers) on February 7<sup>th</sup>, they will receive a small prize.
- Scrapbooking
- Friendship Squeeze

#### **Petals Earned**

- ALL GIRLS PRESENT- Orange Petal (Responsible - For What I Say and Do)
- Brynn/Lexi/Emma - Yellow Petal (Friendly and Helpful)

#### **Supplies Needed (by 2/7)**

- Empty 2 liter bottle
- Recycled item (anything from home that can be used for a craft - paper towel roll, water bottles, boxes, etc.)
- Valentines: If you choose please bring prepared Valentine’s for each girl (27).

#### **Upcoming Events**

- Bowling Party – January 28<sup>th</sup> 3-5 p.m. at Pheasant Lanes
  - Parent Helpers - Elaine, Courtney, Suzie and Noel
- Camp Kiwanis in Mahomet – March (Date to be determined)
- Springfield Zoo Sleep Over – April 28<sup>th</sup>

#### **Reminders**

- Cookie order forms are due to Amy D by February 4<sup>th</sup>.
- Please turn in completed Chore Chart on February 7<sup>th</sup>.

# Girl Scout Daisy Troop Meeting Planning Form

TIME	ACTIVITY	MATERIALS NEEDED	PERSONAL RESPONSIBLE
5 - 10 min.	Pre-Meeting		
5 min.	Opening		
10 min.	Business		
20 min.	Exploration		
10 min.	Clean-up		



# Girl Scout Daisy Award Tracking Sheet

Name \_\_\_\_\_ Troop # \_\_\_\_\_

Resource	Award	Date Completed	Date Received	
<b>Journeys</b>	<b>It's Your World: Welcome to the Daisy Flower Garden</b>			
	🌱 Golden Honey Bee			
	🌱 Watering Can			
	🌱 Amazing Daisy			
	<b>It's Your Planet: Between Earth and Sky</b>			
	🌱 Firefly			
	🌱 Blue Bucket			
	🌱 Clover			
	<b>It's Your Story: 5 Flowers, 4 Stories, 3 Cheers for Animals</b>			
	🌱 Red Robin			
	🌱 Birdbath			
	🌱 Tula			
	<b>Daisy Journey Summit</b>			
	<b>Promise Center and Petals</b>	🌱 Amazing Daisy Promise Center		
		🌱 Lupe Petal		
🌱 Sunny Petal				
🌱 Zinni Petal				
🌱 Tula Petal				
🌱 Mari Petal				
🌱 Gloria Petal				
🌱 Gerri Petal				
🌱 Clover Petal				
🌱 Rosie Petal				
🌱 Vi Petal				



Resource	Award	Date Completed	Date Received
<b>Handbook Awards (Leaves)</b>	<b>Financial Literacy</b>		
	🍀 Money Counts Leaf		
	🍀 Making Choices Leaf		
	<b>Cookie Business</b>		
	🍀 Count It Up Leaf		
	🍀 Talk It Up Leaf		
	<b>My Promise, My Faith</b>		
	🍀 Year 1		
	🍀 Year 2		
	<b>Safety Award</b>		
	<b>Bridge to Girl Scout Brownie</b>		
	<b>Additional Awards</b>	<b>Global Action</b>	
🍀 Year 1			
🍀 Year 2			
<b>World Thinking Day</b>			
🍀 Year 1			
🍀 Year 2			
<b>Cookie Activity Pin</b>			
🍀 Year 1			
🍀 Year 2			



**girl scouts**  
of central & southern  
new jersey

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